

		Physical Education: Dance, Aquatics, PReK, Elem, Middle, Secondary, Adapted, Sports & Coaching	Health and Wellness: Lifetime Wellness, First Aide, Fitness, CSH	General: Higher Edu, Students, Recreation, Research, Exercise Science, Sport Management, Technology
Name	Organization/School	Program Title	Program Summary:	Primary Program Audience
Lisa Perry	U.S. Soccer Foundation	Soccer in School--Make it your goal!	Participate in the Soccer for Success School Curriculum training, powered by the U.S. Soccer Foundation and US Youth Soccer. This K-8 resource, aligned to the National PE Standards, provides lessons for educators to teach soccer fundamentals while integrating activities that empower students to establish life-long healthy habits. This complete soccer unit is flexible enough to fit any PE schedule. You'll have access to the online curriculum, summative assessments, skills videos and more.	Elementary Physical Education
Heather Piergies	TDOE	PE Standards: Meet the Revisions (Elementary)	Get an in-depth look at the proposed revisions for the K-5 physical education standards. These revisions go into effect for the 24-25 SY.	Elementary Physical Education
Heather Piergies	Tennessee Department of Education	PE Standards: Meet the Revisions (Middle)	Get an in-depth look at the proposed revisions for the 6-8 physical education standards. These revisions go into effect for the 24-25 SY.	Middle and High School Physical Education
Heather Piergies	Tennessee Department of Education	PE Standards: Meet the Revisions (High)	Get an in-depth look at the proposed revisions for the 9-12 physical education standards. These revisions go into effect for the 24-25 SY.	Middle and High School Physical Education
Emily Gean	UT-Martin	Come one, Come ALL, Come play PickleBALL	Pickleball is one of the fastest growing sports in America. It's fun, easy to learn, and can develop into a competitive game. Participants will engage in a dynamic warmup and small sided games which will increase their tactical skills while also learning the basic fundamental elements of the game. A lesson plan will be provided to all participants.	Middle and High School Physical Education
Amy Underwood	Capshaw Elementary	Involving the Community in your PE program	We will discuss ways that our schools and county work to involve out community in our PE programs. These are events that involve all our elementary school and really put our PE programs in the spotlight.	Elementary Physical Education
Ashley Jay	QuaverEd	In Cahoots with Parachutes	Exercise, teamwork, games, and rhythms - parachutes cover it all. Join us for a fun, movement-based session where you'll leave with new activities and games that can be used with a multitude of learners.	Elementary Physical Education
Marissa Kovach	USTA Tennessee	The USTA Tennis in Schools Program	The USTA is committed to helping teachers introduce tennis in PE classes and connect to after-school tennis programs. This interactive workshop will sample activities from the easy to follow K-12 lessons plans that were co-created with SHAPE America. Teachers will also become familiar with USTA resources such as curricula, equipment, and training that are available to them at no cost!	Elementary Physical Education
Dr. Janet Wilbert	University of Tennessee at Martin	Preparing Your Emergency Action Plan	An Emergency Action Plan (EAP) is an important practice that every teacher and coach should review and practice. This session will introduce the EAP, spend time allowing the participants to begin developing a plan and provide resources to be used to complete an EAP for each practice and competition venue at a school. Participant safety is paramount. Having an EAP that is practiced and rehearsed will save lives.	First Aid and Safety
Katherine Pebworth	Lincoln Memorial University	Recognizing and Handling Stress	Recognizing stress in yourself and others is an important tool to have. Once you recognize stress, how do you handle it.	Lifetime Wellness
Dr. James E Holbrook	Cumberland University	Public Relations/Marketing Issues that Academics should know about the Sport Industry	In recent years, academics have become more specialized in their fields of study, requiring some definition concerning NASSM/COSMA assessment in sport management. Using a Delphi Approach, this study examines the public relations and marketing concerns of professionals in the sport industry to determine what criteria should be included in the sport management curriculum.	Sport Management
Ashley Linn	Tennessee Wesleyan University	If You Build It, Will They Come?	Small communities often lack the resources to analyze community engagement in their physical activity resources. This session will discuss a collaborative effort between the University and local government to understand community engagement with local trails and how they may impact well-being and physical activity. The importance of community collaboration, benefits to the University students, faculty, and the local community, project methodology, and a case study will be presented.	Research (Abstracts)
Gregory Forrester	UT-Martin	Fellowship of Christian Athletes	Fellowship of Christian Athletes (FCA) is a non-denominational Christian sports ministry that focuses on Coaches, Campus, Camp and Community ministry. In this presentation, I will share how I have seen growth in the lives of students and the benefits of partaking or starting a FCA huddle in your school. Upon attending, you will receive resources that will help you begin a FCA program, ways to grow the program, and helping students grow within it.	Middle and High School Physical Education
J. Bradley Jordan	Cumberland University	The Physiological Basis of Blood Flow Restriction Training (BFR)	This presentation will provide a brief background about Blood Flow Restriction (BFR) training. BFR's physiological mechanisms, potential risks/contraindications, and the current research evidence to support its efficacy in both clinical and athletic populations will be discussed. This presentation will conclude with research-based exercise prescription guidelines regarding the use of BFR in both strength training and aerobic conditioning.	Exercise Science
LeAnn Olson	East Tennessee State University	Teaching Skills-Based Health Education: An Overview	Teaching Skills-Based Health Education: An Overview What is skills-based health education? Why should we teach with this approach rather than the traditional content-based approach? This session aims to provide an overview of skills-based health education and the rationale behind this approach, how to get started, how to plan, how to assess, and perspectives of teacher candidates as they learn how to teach using these standards.	Coordinated School Health Education
Kason O'Neil	East Tennessee State University	Empowering Students & Athletes with Tactical Knowledge in Invasion Games	So much of today's instruction in PE and sport is focused on sport-specific skill development. Yet, many of the strongest sport performers have high game-sense IQ, such as knowing where to go and how to anticipate what is coming next. This interactive session will show how emphasizing tactical awareness can empower students/athletes and drastically improve in-game IQ. Presenters will demonstrate instructional techniques that can help teachers/coaches implement more tactical skills	Middle and High School Physical Education
Leanna Lawson	Central Elementary	Zumba Fitness	Physical fitness is not only important for our students; it's important for the health and well-being of our teachers. Zumba is Latin infused dance fitness that engages individuals of all ages. Zumba can be incorporated into a quality PE program and can be introduced to benefit the well-being of faculty and staff.	Fitness
Heather Piergies	Tennessee Department of Education	Winning the PACER for Teachers and Students	Demystify the "why" and the "how" of the PACER to win as a physical educator with your data and for your district to support and improve student experiences. We will also discuss connections to the Tennessee K-12 Physical Education Standards to support PACER implementation and student outcomes.	Middle and High School Physical Education
Charity Rice	Liberty Elementary	Nine-Square, Nuke 'Em, and More! (K-12)	Come and learn some games that can be easily modified to accommodate all ages, abilities, and skill levels.	Middle and High School Physical Education
Colby Coulter	Run Hard Running Team	Run Hard - After School Running Team	Run Hard is the "too good to be true" after school program for kids in 2nd-8th grade. Come learn why Run Hard has 22,000 runners across 3 states.	Fitness
Scotty Williams	Omnikin	Get FAST and FURIOUS with Omnikin!	Join in this fast-paced, action-packed workshop of FUN that will leave everyone begging for more! With everything from large group cooperative challenges to intense fitness games to hilarious partner tag activities, this session will have it all! Omnikin's wide range of colorful, dynamic, awe-inspiring products are crowd pleasers by themselves, but our activities will solidify that your program is the place to be! Come join Team Omnikin today and blow your students away!	Elementary Physical Education
Scotty Williams	Omnikin	Omnikin: Have a BALL with Action-Packed Fun for All!	Whether you are looking for a new or modified team sport, cooperative and community-building activities, fun with fitness or skill development, Omnikin has you covered! This exhilarating and dynamic session will feature highlights of our famous lightweight, non-threatening, and dynamic 14"-48" balls that will generate excitement in your classroom like never seen before! Both your students and you will surely have a BALL!	Middle and High School Physical Education

Wayne Hines	East Nashville Magnet High School	Urban Outdoor Education	Urban Outdoor Education will be led by Wayne Hines who is in his 10th year teaching Outdoor Education in a Urban setting. He teaches a creative curriculum that provides opportunities for students who would normally not experience the outdoors. You will be introduced to methods and activities that can be completed indoor or outdoors. Come see if this program can be a part of your schools electives.	Middle and High School Physical Education
Wayne Hines	East Nashville Magnet High School	Becoming a Head Coach	Come hear how to prepare assistant Coaches to become Head Coaches. Coach Louis Wayne Hines has 30 years as a head or assistant Coach for multiple Sports. He has had assistant Coaches go on to win state championships. Many of his former Coaches now are head Coaches for other schools. This will be a great session to receive good characteristics needed to lead successful teams as a head Coach.	Sports and Coaching
Dan Dieringer	Bethel University	Nutrition and the Student-Athlete. Strategies Coaches can Implement to Improve Knowledge, Attitudes, and Behaviors that will Lead to Improved Performance	The focus will be on strategies coaches can use to improve athletes nutritional knowledge and the role current technology plays. Also pertaining to the discussion will be how nutrition plays in athletes' performance and the role their coaches play in their behaviors and attitudes. The discussion will be supported by current peer-reviewed literature.	Sports and Coaching
Zeke Bailes	Knox county schools / Hardin Valley Elementary	Flying YouFO into Your PE classroom	Fly YouFO into your classrooms. A sport and game for all individuals. Fun, new, and exciting. YouFO is for everyone! A cross between ultimate frisbee and lacrosse, YouFO takes the excitement to a new level! A sport designed for any skill level!	Elementary Physical Education
Laura Gilpin RN	Cumberland County High School	Heart & Circulation Taught at 3 Learning Levels	The heart keeps us all beating. Everyone should know how the heart works! We can teach the information about the heart at 3 learning levels, this ensures all students have the opportunity to understand. Teaching basics to specifics from a lecture to projects.	Lifetime Wellness
Dr. David Bow	Tusculum University	Teaching Techniques for Aquatics Instruction	Techniques in teaching aquatic activities will be presented for discussion. Experienced swimming, lifeguarding, and water aerobics instructors will present teaching techniques that have proven to be effective.	Aquatics
Stuart Currie	University of Tennessee at Martin	Learn How To Teach Invasion Games Using The Game-Based Approach (GBA)	Extending on from our presentation at this year's TN Active Students, Active Learners (ASAL) virtual professional development week, attendees will learn how to design and teach small-sided invasion games through active participation	Middle and High School Physical Education
Dr. Ajit Korgaokar	Tennessee Tech University	Blood Flow Restriction and Activation	Blood Flow Restriction (BFR) training was developed in the 1960s by Dr. Yoshiaki Sato, a Japanese physician. Since that time, BFR has become a prevalent method for rehabilitation among athletes and non-athletes. More recently, BFR has become a n effective modality for improving sport performance. The main objective of this presentation is to introduce the role of BFR for activation/preparation in athletes.	Sports and Coaching
Michael Cathey	University of Tennessee Southern	The Evolution of your Coaching Philosophy	Coaches expect players to grow in their athletic abilities. However, what do coaches do to ensure they have growth in their abilities as a coach? This presentation will outline the benefits of having a philosophy, the stages of a coaching career, and the steps to developing your philosophy.	Sports and Coaching
Mark Bloodworth	TN Department of Education	Review of the New Health & Lifetime Wellness Standards	The Health & Lifetime Wellness standards were revised this year and this session will focus on the changes that effect all grades levels. New subcomponents were added across all grade levels and these updates will be the focus of what is covered.	Lifetime Wellness
Alex Adams	APSU	Low-Tech Solutions to Upgrade Your Classroom Engagement and Assessments	In this interactive session, you will learn simple and easy ways to utilize students' mobile devices to create a more engaging classroom and provide timely feedback to students. We will cover how to use the following tools: Quizizz, Poll Everywhere, Quizlet-Live, Flipity, and the Immediate Feedback Assessment Technique (IF-AT).	Higher Education
Alex Adams	APSU	Effective Teaching Practice in Online Physical Education: The Relationship Between Video Feedback and Guidance and Performance	Utilizing video feedback in an online setting can positively affect motor performance. Additionally, the findings suggest that pairing video feedback with in-the-moment guidance is the most beneficial for motor performance in an online environment. Ultimately the results help demonstrate that OLPE does not have to be an entirely fitness-based industry; psychomotor learning can be addressed and should be included.	Higher Education
Jason Smith	Tennessee State University	Benefits of Positive Thinking and Strategic Planning for Success	Creating strategic planning by analyzing the goals and directions for the classroom, school, team, department, or college. This presentation will discuss what the future course projection could be. The differences between Planning and Thinking, Organizational Performance/Drive, Efficiency in Operations, Building Confidence, Skill Acquisition, Time Management, Re-calculating your Purpose, Projecting the Future, Learning from Experiences, and Communication.	College Students
Dr. Clinton Smith	UT Martin	Be Brave in the Attempt - Facilitating a Rural Special Olympics Program	Participants will leave this session with ideas and strategies for facilitating a rural Special Olympics program. Strategies will be shared to engage community partners in activities and fundraising.	Adapted Physical Education
Alex Adams	APSU	Sample Meaningful Physical Education with the Sport Education Model	This session will introduce participants to the Sport Education Model, a proven framework for increasing student engagement, motivation, and learning. Participants will learn about the key components of the Sport Education Model, and they will have the opportunity to apply these concepts to their own teaching practice. Come join us as we demonstrate ways to apply the Sport Education Model to different content areas.	Middle and High School Physical Education
Jeremy Kellen	We Impact Now, LLC / Antioch High School	Leveraging P.E. & Lifetime Wellness to Reconnect With Today's Scholars	Due to the Pandemic, a disconnect has been created between scholars and their educators, between scholars and P.E./Wellness Content, and between scholars and their peers. This session will offer 4 practical ways for PE/Wellness teachers to Leverage Their Content to Reconnect with Today's Scholars. Attendees will leave this session inspired and equipped with the tools to fulfill their purpose as PE/Wellness teachers and the ability to connect scholars with the content, their peers, and themselves	Middle and High School Physical Education
Allie Corder	American Heart Association	American Heart Association Help Us Create a Community of Lifesavers	During the session I will discuss our community giveback and service-learning opportunities that will help you achieve your goal of creating healthy, more successful students. We have a strong focus on helping your school community know hands-only CPR and celebrating local heart and stroke survivors. Our programs focus on the health of the whole child. These programs include free educational materials, pe equipment vouchers, direct contribution checks, and much more.	Elementary Physical Education
Christina Turnbow	Tennessee Tech University	I mustache you to dance!	This session will introduce fun ways to incorporate dance into large groups. These activities will encourage moving for all interests and ability levels. Each of these activities are compiled of easy steps which makes them fun and easy to learn.	Dance
Nick Woodard	Learnin' the Ropes	Jump Rope Skills Made Simple and Fun!	Teachers will learn effective ways to break down jump rope skills, provide progressions that boost students' confidence, and introduce games to keep students motivated for a successful unit!	Elementary Physical Education
Michael Cathey	University of Tennessee Southern	Pickleball: A Smashing Success	Pickleball is exploding in popularity like never before. We will be covering the basic skills and strategies in the game. While we may not get you ready for the pro-circuit, we can get you ready to teach your students ready to play by the end of the session.	Middle and High School Physical Education
Mason Goad	Claiborne High School	Rethinking Your Warm-Up	The warm-up is typically the smallest portion of a training session and is oftentimes overlooked. However, over the course of a year, athletes will spend several hours warming up their bodies. Instead of using the same old thing year after year, let's rethink the way we warm-up by utilizing a science based approach that will help in the overall long term development of the athlete.	Fitness
Dan Basler	CSLA	50 more Challenging Partner and Small Group Lead Up and Skill Acquisition Activities	This session will be a variety of partner and small group lead-up activities and ideas that kids will love.	Elementary Physical Education
Laura Morefield	University of Tennessee Southern	Supporting Today's Students in Higher Education	This session will focus on supporting today's students in higher education. We will be highlighting both upper and under class students from a faculty and peer (student) perspective. This session will help provide information about the bridging the gaps between students and faculty, what students need that they may not ask for, and how to provide overall support for students in our majors.	Higher Education

Coach Wayne Hines	TUFFS	Teaching Urban Fishing For Schools (TUFFS)	Come and learn the simple techniques used to teach fishing in schools. These techniques can be used inside the gym or outside on the playground. TUFFS has provided many schools with the equipment and lesson plans to teach fish as a lifetime activity. Come be challenged to teach students how to fish.	Middle and High School Physical Education
Daniel McMasters	University of Tennessee Southern	Mental Health and the College Athlete	The presenters will address current literature and experiences concerning the perceptions and knowledge of mental health and the college athlete.	College Students
Don Crawford	Tennessee Wildlife Resources Agency	National Archery in the Schools Program	The National Archery in the Schools Program is an in-school program aimed at improving educational performance among students in grades 4th - 12th. And through it, students are learning focus, self-control, discipline, patience, and the life lessons required to be successful in the classroom and in life. NASP promotes instruction in international-style target archery as part of in-school curriculum, to improve educational performance and participation in the shooting sports.	Middle and High School Physical Education
Grayson H. Elmore	Austin Peay State University	Applying the Functional Movement Systems Principles in Exercise Science, Clinical Rehabilitation, and Physical Education Careers.	Applying the Functional Movement Systems Principles in Exercise Science, Clinical Rehabilitation, and Physical Education Careers will present a holistic view of the core principles of Functional Movement Systems and how professionals can leverage said principles to optimize human performance.	Exercise Science
Charity Rice	Liberty Elementary	Hockey: Skills, Zones, and Games	Come and brush up on your hockey skills! We will cover everything from skill basics to tournament play. **Target audience is truly K-12.	Middle and High School Physical Education
Alysia Jenkins	Rutherford County Virtual School	Teaching Striking with Paddles/Racquets in Elementary P.E.	Teaching elementary students to strike with paddles and racquets is easily omitted in programs because teachers aren't confident in their own skills or they feel like they don't have enough equipment or space. We will explore the progression of MS.18 -Striking with a Short Implement - through grade level outcomes, equipment options, tasks, and technology to help you grow in your delivery of striking skills and give students a lifelong sport and recreation skill.	Elementary Physical Education
Dr. Gregg Steinberg	APSU	Thriving through the Storm	Life is full of challenges, emotional storms, adversity, and negative events. Dr. Gregg Steinberg will share proven strategies to help you stay confident and composed during the most difficult times, allowing you to emerge victorious from any setback. Dr. Gregg's expertise will empower you to navigate the ups and downs of life with grace and determination. You will learn to thrive on the inside no matter what you're facing on the outside.	Lifetime Wellness
Zeke Bailes	Knox County Schools	YouFO (The newest High Flying Sport)	Attendees will be experiencing the newest sport out of the Netherlands, YouFO. In this session, we will be learning the skills, tactics, and gameplay for the World Cup Sport. It is a game for everyone. YouFO combines lacrosse and ultimate frisbee into a fun and engaging activity. Additionally, it brings all skill levels together at the same starting point, since most have never experienced the skills or gameplay of YouFO.	Middle and High School Physical Education
Kelley Seekins	Tennessee Wesleyan University	American Heart Association BLS certification class	The AHA's BLS course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED.	First Aid and Safety
Amber Pantaleo	Exercise Connection	Inclusive Practices to Support Diverse Learners in PE	Creating a successful learning environment for students with diverse learning needs begins with using evidence-based practices (EBP). PE/APE Teachers will play an active role in learning to embed EBPs (e.g. visual supports, social narratives, & more!) and how to "break down" exercises to enhance engagement, communication, and instruction so ALL students can thrive.	Adapted Physical Education
Amber Pantaleo	Exercise Connection	Increase Student Engagement and Achievement through Exercise, an Evidence- Based Practice for Students with Autism	Unlock autism-inclusive strategies that enhance student engagement, promote physical activity, and enhance academic achievement. Educators will walk away with strategies they can use to promote physical activity throughout the entire school, integrating movement-based activities to support transitions, provide reinforcement, and embed technology-aided instruction. Join us to empower your teaching with innovative tools that inspire and connect.	Adapted Physical Education
Darnell Spann	Spring Station Middle School	Kicking Games with a twist	I will present several kicking games with a twist. Partner Kicking, Dual Danish Rounder, Aerobic Kicking, Four Corner Kickball, and Dual Kickball	Middle and High School Physical Education
Darnell Spann	Spring Station Middle School	How to be an effective pe teacher	Would you like to take your pe teaching skills to a new level or are you a rookie teacher that would like some ideas to help you become the teacher that you always wanted to become. This sessions will give you tips and ideas to improve your classes and improve your observation scores.	Elementary Physical Education
Derek Zachary	Open	OPEN up to New Possibilities	This activity session will explore a few of the 50+ Modules from OPEN Physed. Modules are a one stop shop of: Standard based lessons, engaging activities and assessment materials. Use these tips and tricks to OPEN up to new possibilities in your curriculum.	Elementary Physical Education
Ron Malm	School Health	BRAINball® – Closing the Math and Literacy Gap with Movement	Learn how BRAINball® connects movement with cross-curricular learning through active play. Without compromising physical activity time, BRAINball® is shown to improve students growth scores in literacy and math. Find out how to get students to think on their feet and work as a team to solve physical and cognitive challenges.	Elementary Physical Education
Ron Malm	School Health	GTW - Games that Win!!!	Standards, objectives and learning targets-Oh my! Through a variety of inclusive games you can meet several grade level objectives at one time. Keep small or large classes moving by instructing fun, innovative activities. Be prepared to move and learn some of the best student-approved PE games of 2023	Elementary Physical Education
Ron Malm	School Health	APE: ALL-inclusive PE	Learn how to modify PE instruction and equipment for all students to play. Try out adaptive sports and fitness techniques to create an inclusive environment. Better serve your students by learning how to engage and facilitate 100% participation.	Adapted Physical Education
Ron Malm	School Health	Five For Life: Movement for the Body and Brain	Cardio Kid, Max, Maddy, Flexy, and B.C., otherwise known as the FAB 5® helps students understand how to live a healthy lifestyle. Find out how they can encourage your students to maintain or improve their fitness levels in each of the five components of fitness through fun physical activities.	Elementary Physical Education
Dr. Tyler Nolting, Ph.D., MPH, MCHES	Austin Peay State University	Easy As PIE: Planning, Implementing, and Evaluating Community Health Promotion Programs through a University Senior-Level Public Health Capstone Course	In 2022 and 2023, Austin Peay State University Public Health undergraduate students planned, implemented and evaluated the Children's Health Fair at the Customs House Museum & Cultural Center. By practicing the PIE (planning, implementation, and evaluation) method, student groups applied aspects from the eight Areas of Responsibility for health education specialists. This presentation provides an overview of this capstone project and its impact on the Clarksville, Tennessee community.	Higher Education
Diane Coleman	The University of Memphis Campus School	Tinkling - A Philippine Folk Dance	Tinkling is a traditional Philippine folk dance which originated during the Spanish colonial era. The dance involves at least two people striking, tapping, and sliding bamboo poles on the ground and against each other in coordination with one or more dancers who step over and in between the poles in a dance. Tinkling can be used in grades 4-12. Come dance to build teamwork, coordination and cardiovascular endurance.	Elementary Physical Education
Kaila Carter	Arrington Elementary School	"It's Not Just Bowling"	Come and learn fun ways to teach your students about different strategies, proper stance, and the grip in the sport of bowling. There will be cross-curricular teaching points to add to your lessons on choosing the correct speed and force of the bowling ball There will be bowling activities that you will want to incorporate from this session as well, Bowling for Cash, Add-a-Pin, Bingo Bowling, Race to 100!	Elementary Physical Education

Tim Wilson	Middle Tennessee State University	The Importance of Sports Sales in the Sport Management Curriculum	This presentation will discuss sports sales opportunities within the sport industry. Areas of discussion will include experiential education opportunities available to students in sports sales as well as the importance of having courses within the curriculum that prepare students for the area of sports sales. Presenters will highlight the opportunities they have provided for their students and the success stories that have resulted from those opportunities.	Sport Management
Laura Brown	UT-Martin	Active Schools	This session will provide updates from the TN Departments of Health and Education. Additionally, Active School K-12 committee members will share teaching examples from the public school environment. Followed up by Professional Development information from Active Schools.	Coordinated School Health Education
Victoria Rose Bentley	University of Memphis – College of Health Sciences – PETE Program	Introduction to Cooperative Learning	The purpose of this presentation is to define, outline, and discuss the Cooperative Learning pedagogical model. To achieve this goal, we will (a) review the structure of the model, (b) provide multiple example activities of the model in action, (c) provide an insight into one teacher’s experiences using the model, and (d) discuss how this model can be applied at either the middle and high school setting.	Middle and High School Physical Education
Victoria Rose Bentley	University of Memphis – College of Health Sciences – PETE Program	Teaching Tchoukball through The Games for Understanding Model	The purpose of this presentation is to introduce the game of “Tchoukball” to the audience and to describe how you can teach the sport through the teaching games for understanding pedagogical model. To achieve this goal, we will (a) provide an overview of the model, (b) walk through the sport of tchoukball in terms of rules, skills, and strategies, and (c) discuss the implications of using this content and approach in school settings.	Middle and High School Physical Education
Candace Young	OPEN	Empower Your Students To #PushThrough & #GoBeGreat Through Purposeful Movement	Join Physical Education Teacher Candace Young as she takes you on a journey to empower students and yourself to #PushThrough things that are hard & to #GoBeGreat each and every day! In this high energy movement session she will bring the most engaging and easily implemented OPEN activities that promote inclusion, responsibility, teamwork, skill, and fitness development! This session is designed for a K-12 audience to engage all students for success!	Middle and High School Physical Education
Candace Young	OPEN	You Teach Kindergarten?! Bless Your Heart!	Join Kindergarten PE Teacher Candace Young as she takes you on a journey of pushing through and being great at teaching movement opportunities to Early Childhood students! In this session you will come away with a variety of resources to help foster success for your youngest learners. In this high energy movement session she will bring the most engaging and easily implemented OPEN activities! This session is designed for a PreK-3rd Grade audience to engage all primary students for success!	Elementary Physical Education
Stephanie Jumps	SHAPE America health. moves. minds.®	Teaching Physical Activity and Life Skills Lessons through health. moves. minds.®	Attend this session to learn how to implement a few of the many physical activity lessons from health. moves. minds.®. Attendees can also enter a drawing for a \$100 Gopher Gift Card giveaway. health. moves. minds.® is designed to teach students critical life skills — kindness, respect, philanthropy, advocacy — and to demonstrate the importance of daily physical activity and giving back to their community. This session is for K-12 Health and PE educators and future professionals.	K-12 Health and PE Educators and University Students (future professionals)
Remy Walker	Tennessee Technological University	The Prevalence of Blood Flow Restriction in Physical Therapy	Blood flow restriction (BFR) training is a growing trend in physical therapy and rehabilitation. The main objective of this poster presentation is to provide an overview of the prevalence of BFR among physical therapists across the United States.	Research
Jeff Knox	Carson-Newman University	Blind & Visually Impaired in PE	Methods to work with students who are blind and visually impaired will be explored with discussion and engaging activities.	College Students
Greg Congleton	ETR Associates	Movement Matters B3: Brain, Body, Behavior	Schools can help students in Grades K–6 develop the fundamental motor skills to spark their brains , build their bodies , and improve their behavior to increase academic performance. Based on brain-body research, B3 physical activities can help enhance cognitive function, mental health, motor-skill development, social-emotional well-being, and common sensory problems.	Coordinated School Health Education
Greg Congleton	ETR Associates	HealthSmart K-12 Skills Based Health	HealthSmart is a flexible and customizable health education curriculum with over 400 lessons that focus on building the health-related skills that students need. Today’s sessions will highlight the program and resources available for your classroom and schools	Lifetime Wellness
Scotty Williams	Omnikin	Dance: Your Ultimate PE Game Changer!	Join former PE and Dance TOY Scotty Williams in a dynamic session that features simple yet fun dances, games, and strategies that will win your students over! Dance can positively affect your classroom climate, the culture of your school and can connect communities at large all while addressing every national PE standard! Most importantly, your students and you will have a BLAST with this magical movement that needs only limited space and budget to thrive!	Dance
Anthony Phillips	Tennessee Technological University Department of Exercise Science.	How Rural Tennessee is Impacted by The Prevalence of Type II diabetes (T2D).	Type II diabetes (T2D) is a growing threat to the health and economic stability of residents in the rural Tennessee population. There are many social determinants of health that play a role in the increasing prevalence of T2D. The main objective of this poster presentation is to address how social determinants of T2D are impacting the communities of rural Tennessee.	Research/Poster