

FIVE AND TEN MINUTE INTERDISCIPLINARY GAMES

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These are quick games that you can do in 5 or 10 minutes that will relate to interdisciplinary learning.

Macarena Multiplication: (MATH) Do the Macarena with anything that are in sets of 12. Multiplication tables, months, etc...Each movement is a number or month. Ex: 5's- 5,10, 15,20, 25, 30,35,40,45,50,55,60..hey the 5's as you swing your hips.

Catch and Spell: (Language Arts) work on vocabulary words, spell with a partner stating each letter on each catch of the ball or bean bag.

Sums: (MATH): starting off with a partner and one hand each. Count off like you do for Rock, Paper, Scissors, shoot. On Shoot you throw out fingers. You add up your hand and your partners and call out the answer before your partner can. Then add in both hands.
Variations: Subtraction, multiplication and add more people to the group.

Odds and Evens: (MATH): You stand across from a partner. One line is even and the other line is odd. The teacher calls out a math problem. If the answer is odd they try to run across a set line about 20 yards or more away before getting tagged by their partner. If it is even the even person does the same.
Variation: Add, subtract, multiply.

States and Capitals: (Geography): Same as Odds and Evans but you use states and capitals or countries and capitals.

Giant Calculator: (MATH): Use with chalk and draw a calculator outside or use tape on the floor or a shower curtain. Someone reads out a math problem and you are top jump or hop to the numbers and solve the equation.

Keyboard: (Language Arts): use a shower curtain and draw out a keyboard. In the push up position the student spells out their vocabulary words with their hands.

Colors/ Letters/ Vowel Sounds warm-ups or cool downs:

Colors- children wearing certain colors

Letters- a certain letter in their name (first, last or both)

Vowels- a certain vowel in their name (first, last or both)

They will do the selected exercise that corresponds with the color or letter.

Ex: Wearing red- do 10 jumping jacks; A in your name do 5 toe touches, etc..

Reading Jogs the mind: (Language arts- Alphabet recognition): Hold up a letter and the student will perform a movement or action and sound (when appropriate) that helps to recall the letter.
Ex: P= push, pull, punt; C=crawl, catch; S=skip, sway, swing.

My Movement Alphabet: Children will use their bodies to move like objects. Each letter represents items or things. “Let’s move our bodies like different objects.”

-Ants scurrying; **B**alloons inflating, **C**ars racing, **D**ancers twirling, etc...

Continents / Latitude Attitude: (Geography):

When a continent is called out student will do the following actions. This helps them keep the continents in order on the map.

| | | |
|----------------------------|--------------------------------------|------------------------|
| | Top of Head (Arctic) | |
| Right hand (North America) | Nose (Europe) | Left Hand (Asia) |
| Right Knee (South America) | Stomach (Africa) | Right Knee (Australia) |
| Stomp Feet (Antarctica) | Equator (hands on the hips and roll) | |

Plus a few more if we have time.