

Name	Physical Education: Dance, Aquatics, PReK, Elem, Middle, Secondary, Adapted, Sports & Coaching	Health and Wellness: Lifetime Wellness, First Aide, Fitness, CSH	General: Higher Edu, Students, Recreation, Research, Exercise Science, Sport Management, Technology
Program Title	Program Summary: Please limit to 75 words. This summary will appear in the convention book.		Primary Program Audience (Choose 1)
Cindy Cooper	Fuel Your Good With Dairy (What Can Dairy Do for YOU)	- Participants will learn the value of Dairy in the diet from building bones to rehydration. Participants will look at the sugar in alternative beverages as compared to Dairy. Attendees will look at Dairy as a Nutrient Powerhouse and receive resources for classroom teaching activities.	Middle and High School Physical Education
Cindy Cooper	Why Build Your Own Smoothie?	Participants will view (and assist) live recipe demonstrations. The recipes will include rehydrating and yummy smoothies. Participants will have the opportunity to sample and make healthy food and beverage alternatives that include REAL DAIRY! The function of the 13 nutrients found in Dairy will be discussed, also. Participants will recipe Smoothie recipes for home or school utilization.	Middle and High School Physical Education
Nick Woodard	Jump Rope - Build on the basics and make jump rope fun!	Learn the basics and more for teaching single rope, partner jumping, long rope and double dutch. You'll understand the fundamentals of breaking skills down in the most simplistic way to help make your students successful. You'll also learn games and ways to keep your students engaged and having fun!	Elementary Physical Education
Carly Williamson	Exploring Relationships Between Anxiety Sensitivity and Exercise-Related Self Efficacy	Anxiety sensitivity could be one reason why some people do not meet the recommended guidelines for exercise; people that are more prone to anxiety may have lower self-efficacy when it comes to exercise. The purpose of this project is to examine the effects of anxiety sensitivity on exercise-related self-efficacy in college students.	Research (Abstracts)
Kaila Carter	Sitting Volleyball	Paralympic sport that can be played by all students from elementary through high school. This unit introduces the history of the Paralympics, the sport of sitting volleyball, and will teach students about higher level sports/athletic opportunities for individuals with disabilities. Sitting volleyball develops the psychomotor, cognitive, and affective domains by teaching basic skills, healthy competition/sportsmanship, and gameplay strategies.	Elementary Physical Education
Tim Dasinger	Achievement Motivation and Anxiety	The purpose of this session is to explore the relationship between achievement motivation and anxiety and to detail guidelines to increase motivation and reduce anxiety.	Sports and Coaching
Deborah L. Tackmann	Outrageous Teaching Techniques: Emotional Health Education	With each new generation comes new challenges. Bullying, peer pressure, negative self-perception – the list goes on. According to the National Institute of Mental Health approximately 20% of teens between the ages of 13-18 have or will have a mental illness. Join in the fun as you learn dynamic evidence based techniques geared to help you effectively teach interpersonal communication skills that are essential at addressing tough issues like bullying and suicide prevention.	Coordinated School Health Education
Eric Larson	Increase Moderate to Vigorous Physical Activity (MVPA) in Physical Education	Strategies will be presented to modify existing activities to increase MVPA while using IHT heart rate monitors. Learn how effective management of students, technology, equipment, and instructional time can yield more activity for your students. Takeaway from this session: 13 engaging fitness activities and team games that will enhance elementary, middle, and high school programs.	Elementary Physical Education
Mark Banasiak	Elementary Fitness & Jump Rope Activities	This session will explore a variety of fitness and jump rope activities (indiv., partner, and long rope) that our students love!	Elementary Physical Education
Cyndy Davis	NAIA softball fanatics, from the perspective of coaches	It has been found that spectators continue to be a factor in sports. During softball games at a collegiate level spectators take on roles that can potentially change player performance. This presentation focuses on interviews of NAIA collegiate softball coaches who have witnessed the episodes of spectators during gameplay. This presentation will explore an understanding of different types of spectator's behavior observed during gameplay, from the perspective of softball coaches.	Sport Management
Dan Basler	50 more Challenging Partner and Small Group Lead Up/Skill Acquisition Activities	Another round of 50 activities including teambuilding, core inclusion, lead-up activities, skill acquisition, and fun.	Elementary Physical Education

LeAnn E. Olson	Engaging Students in Health Literacy Using Fiction Novels	Using narrative communication (e.g., stories, historical accounts, lived experiences) can provide an opportunity to engage students with health-related scenarios that demonstrate application of health skills in authentic ways. There are a variety of ways to access and use novels to increase the depth of learning in most, if not all, content areas within health education. This session will explore and provide examples on how to use fiction novels to teach health content and skills.	Coordinated School Health Education
Andrew Martin	Bikeology	Bike Safety & Education programs are an exciting addition to any Physical Education program. Join me as we go over how to build your school/district's Bike Program. We'll discuss how to obtain funding, connecting with local vendors, and effective implementation of a comprehensive bike curriculum.	Middle and High School Physical Education
Angelo Botta	Implementing Water Aerobics into the Physical Education Curriculum	This program presents water aerobics as a physical education activity course offering in a university setting.	Aquatics
Kason O'Neil	Teaching Tactical Skills and Strategies in Secondary Physical Education	What if secondary physical educators flipped from the traditional sport-specific emphasis and made tactical decision making within sport the primary focus? This interactive session will discuss how teaching tactical skills and strategies in PE can increase student interest, empower students through problem-solving, and increase transfer between sports. Presenters will demonstrate instructional techniques that can help teachers implement more tactical skills and strategies.	Middle and High School Physical Education
Laura Gilpin	Activity and your brain, or is it your body?	Your movement and your brain activity? Your body and your emotions? Your sleep and activity balance? How does all of this work together and what can you do to help yourself and your students? It sometimes takes being good to yourself and then not feeling guilty, then teaching our student the same thing along with fun new brain things.	Lifetime Wellness
Robin Hardin	Career Mobility Challenges for Women in Collegiate Athletics	Women face a plethora of challenges working in collegiate sport, and these challenges are not specific to one position. They can be found across the entire athletic department as noted by the similarity in experiences from women who are graduate assistants to athletic directors to conference commissioners. These women - no matter what position they hold - face complex barriers across multiple levels leading to marginalization and oppression.	Sport Management
Derek Zachary	Omnikin Six Balls for Fitness and Fun	The Omnikin Six Ball activities will get the blood pumping, the heart thumping, and the muscles moving. These are six 18" different colored balls used for fitness games, team building, and color team challenges. They are light, durable, non-threatening and promote maximum participation for all ages and skill levels. Your students will reap so many benefits from taking part in the Omnikin experience.	Middle and High School Physical Education
Katherine Pebworth	Five minute interdisciplinary games	Quick warm up/cool down or waiting in a line games that are interdisciplinary in nature. From little activity to medium activity. Great games for the classroom, hallway or gym.	Elementary Physical Education
Katherine Pebworth	In the hunt for a GA spot or job!	What are you going to do after your graduate? Getting a leg up on that Graduate Assistantship or job. Come learn some hints about applying and interviewing.	College Students
Marcy Maurer	TAHPERD GRANTS: SUCCESS STORIES AND APPLICATION PROCEDURES	During the first part of the program, 2020-2021 TAHPERD grant recipients will share with the audience the project that was funded with the TAHPERD Grant. The second part of the session will focus on the grant application process. To find the grant application, go to www.tahperd.us , click on Explore tab and then the Grants link in the box. Applications may be submitted on-line only.	Elementary Physical Education
Stuart Currie	A Student-Centered Approach to Teaching Net Games	In this interactive physical education workshop, attendees will learn a student-centered approach to teaching net games. Key pedagogical principles of game-based teaching will be discussed along with small-sided net game teaching/playing examples. Be ready to play in this workshop.	Middle and High School Physical Education
Zeke Bailes	Blazepod (Activities and Assessments to improve Student Engagement)	Improving student engagement for grade levels K-6 with Blazepod assessments and activity examples. Take your students on an adventure into the world of Blazepod. Create an atmosphere enjoyable to both small and large groups with a powerful tool unknown to most Educators. Blazepods are fun, insanely dependable, and awesome!	Elementary Physical Education
Dr. Ajit Korgaokar	Introduction to Tactical Periodization	The main objective of this presentation is to introduce attendees to the main principles of Tactical Periodization. Tactical Periodization is relatively new methodology for training and preparing players that has been adopted by world renowned sport coaches: José Mourinho & Pep Guardiola (soccer) and Eddie Jones (rugby).	Sports and Coaching

Laura Brown	Active Schools	This session will be beneficial for both physical educators and coordinated school health personnel. You will be updated on the most current information regarding grant opportunities, physical activity updates, as well as resources to share with your local school districts.	Coordinated School Health Education
Laura Morefield	I Just Finished My Last Class. Now What?	Are you close to finishing your academic program and not sure what to do next? This session is for you! In this session, we will discuss how to find and land your first job after college. Specific topics will include resumes, interviews, where to look for jobs, and resources for students.	College Students
Laura Morefield	CPR/AED/First Aid Certification Workshop	This workshop will focus on CPR/AED/First Aid skills. Participants that successfully complete the workshop may elect to receive a CPR/AED/First Aid Certification valid for two years from the American Red Cross. If successful participants would like to obtain the certification, there is a fee of \$30 payable to the instructor (This covers the Red Cross certification fee – Cash or Venmo only).	First Aid and Safety
Laura Morefield	Stayin' Alive with Compression Only CPR	This session will review the steps and skills for reacting in an emergency situation and conducting compression only CPR. Remember, the most important thing you can do in an emergency is choose to act.	First Aid and Safety
Alysia Jenkins	Supporting student-teachers during the edTPA process	Are you a K-12 physical education teacher working with a student teacher who is preparing his/her edTPA portfolio? The purpose of this session is for the presenters to 1) educate the K-12 PE teacher on the process, and 2) provide hints to assist in the student teacher's success. Questions, experiences, and suggestions from the audience are welcome.	Middle and High School Physical Education
Lauren Shields	Kids Heart Challenge and What's New	Join us to learn about the Kids Heart Challenge and the great resources it brings to your program	Elementary Physical Education
Gregg Steinberg	You don't need a title to be a great leader	Regardless of position, you are a leader. And great leaders develop an effective and productive culture. To develop the best culture, you must have a clear vision. This presentation will illustrate how to develop a clear vision so that you can develop a highly productive culture in the classroom and playing field.	Sports and Coaching
Lisa Lewis	American Folk Dance	Take a step back in history when the early settlers brought folk dances to America. Square dance and the Longway dance Virginia Reel are easy dances to learn. This session will teach both styles of dance, and designed for elementary to middle school age students.	Dance
Katherine P. Peabworth	National Academy of Health and Physical Literacy (The Academy) information session	National Academy of Health and Physical Literacy (The Academy) information session.	Elementary Physical Education
Stacy Baugues	Teaching 21st Century Skills through Physical Activity aligned with Academics and Social-Emotional Learning	This session will include more than 20 ways to align physical activities with Math and ELA standards and social-emotional learning concepts. Attendees will gain the knowledge and understanding of how to integrate academic standards with physical activities, exercises, and games. The session is ideal for in-person, hybrid, and virtual learning physical education/physical activity for grades K-8.	Elementary Physical Education
Alex Jon Adams	Long rope and jumping and landing skill progression	Skill progression through the K-5 standards related to long rope and jumping (vertical and horizontal) and landing. Progression will start at pre-control level then end with proficiency level tasks. Critical elements, common errors, and teaching tips will also be presented.	Elementary Physical Education
Lisa Lewis	Country Line Dance	Learn Copperhead Road, Boot Scootin Boogie, Tush Push and Watermelon Crawl, four of the most popular country line dances in this session. Bring back these old favorites to your middle or high school students.	Dance
Alysia Jenkins	Collaborative Research for Predicting Success on the edTPA	Extending research of predictors of success (ACT, GPA, Praxis Core, Praxis 2, Course Grades) to universities across the state	Higher Education
Wayne Hines	TUFFS-Tennessee Urban Fishing For Schools	TUFFS-Tennessee Urban Fishing For Schools will present an introductory instruction on how to teach Reel fishing to all age students. Coach Hines and Coach Kelly have taught over 3000 students and adults on how to successfully fish using the spinning reels in Tennessee schools. This presentation will focus on teaching teachers how to instruct their classes using these simple techniques. Lesson plans, rods, reels, & videos will be accessible to those who attend.	Elementary Physical Education

Wayne Hines	Advanced TUFFS- Tennessee Urban Fishing For Schools	Brian Kelly and Wayne Hines will present how they are leading students who want to take fishing to the next level. After school fishing teams, tournaments, and joining together with communities to promote clean ponds, rivers and lakes while fishing. We will share how we have involved our students in service projects to protect the environment. Spincast and baitcast reels along with all types of artificial bait and strategies will be discussed to successfully fish in Tennessee.	Recreation
Cindy Cooper	Fuel 1 - 2- 3	Participants will learn about the power of exercise and appropriate nutrition - especially the power of dairy! The newly updated 13 essential nutrients found in Dairy will be discussed along with the benefits of the nutrients. Resources and links will be shared.	Middle and High School Physical Education
Dr. Tina M. Bozeman	Understanding TN Laws regarding Family Life Education / Sexual Health Education	This session will provide participants with a better understanding of TN Laws relative to Family Life Education / Sexual Health Education. Participants will receive a guidance document to assist in knowing what is allowed and not allowed when teaching sexual health education in high school lifetime wellness classes.	Lifetime Wellness
Erin Thornsberry	Creating an innovative, encouraging, PE class!	Creating an innovative, encouraging, PE class! Come along and learn how I encourage students, give them self esteem, and help them to love PE for a lifetime.	Elementary Physical Education
Yoseph Mamo	Internship in Sport Management Program: Organizational learning Approaches	As the sport industry becomes highly competitive and rapidly changing due to technological and environmental factors, it is imperative for the sport management program well prepared for these relatively new demands. The primary significance of this study is to provide direction for sport management programs on how to learn the current demand in sport organizations. In this way, we aim to provide insights regarding which organizational and environmental contexts influence the internship process.	Sport Management
James Holbrook	Leadership Issues that Academics should know about the Sport Industry	In recent years, academics have become more specialized in their fields of study, requiring definition concerning the NASSM/COSMA assessment in sport management. Using a Delphi Approach, this study examines leadership concerns of professionals in the sport industry to determine what criteria should be included in the sport management curriculum.	Sport Management
Chase Cochran	Elementary Gymnastics	This session will give you direction on how to teach a four week elementary gymnastics unit. Whether you are skilled in demonstrating gymnastics or not, your students can benefit greatly from your instruction. Many students will not go on to sport in gymnastics but skills such as strength, flexibility, balance, and locomotor and non-locomotor will provide students with a foundation for all other physical activities.	Elementary Physical Education
Becky Bocz	University and School District Collaboration and Mentoring Program	In this session, we will share our ideas and how we will strengthen the community relations between the Germantown Municipal School District (GMSD) and the University of Memphis PETE program. Developing a model that represents how best to utilize our future PE teachers, while completing all PETE courses, by creating a mentoring program with strong and effective PE teachers in our communities. We would also love to hear your ideas for collaboration between school districts and universities.	Higher Education
Sherry Miller	Bradley County - Student Favorites / Large Group Games	We are excited to share our students' favorite large group games and activities. These games can be modified for any age level. Come join us for some fun ideas that you will be able to incorporate in your program on Monday!	Middle and High School Physical Education
Todd Layne	Introduction of Pre-Season/Competition Format of a Pickleball Sport Education Season	A Sport Education season can be overwhelming to a teacher implementing the model for the first time. Last year, I introduced you to Day 1 and 2 of a Sport Education season. In these two sessions, participants will serve as students for an introduction to components of the pre-season and regular season of a Pickleball unit. Participants will leave confident of knowing how to use Sport Education with their students (Please make this two sessions).	Middle and High School Physical Education
Dr. Jamie Harvey	How to teach in your 6th decade with impassioned enthusiasm & professionalism!!	As a university associate professor for 37 years, how I continue to enthusiastically teach each year is true joy! Learn some tips on the 'brighter side' of an older professional who remains passionate about to continuance for teaching health, physical education & Wellness! How is this passion communicated for a life-long adventure in physical activity? Share the Love for being a Health & physical educator!	College Students
Jeff Knox	Higher Order Thinking in Health Class	Higher order thinking and problem-solving activities appropriate for middle and high school health class are shared.	Lifetime Wellness

Jeff Knox	Managing Student Behavior: Lessons Learned from Hogwarts	Varied classroom management strategies are discussed and shared through an analyses of teaching styles used in the Harry Potter series.	College Students
Jeff Knox	Physical Education Essentials	Essentials of Quality Physical Education and Fundamentals of Lesson Design are explored.	College Students
Marissa Kovach	USTA's Tennis in Schools program	With Net Generation, the USTA is committed to helping teachers introduce tennis in PE classes and connect to after-school programs. This interactive workshop will sample activities from the easy-to-follow K-12 lesson plans that were co-created with SHAPE America. Teachers will also become familiar with USTA resources (i.e. curricula, equipment) that are available to them at no cost.	Elementary Physical Education
Catherine Sakarapane	Creating Safe and Supportive Environments	Come explore how you can lead your school to create safe and supportive environments for staff, students, and families. Metro Nashville Public Schools has created layers of support through Employee Benefits to promote employee mental and emotional health. Through the CDC, we have been able to expand safe environments for all students, with a focus on LGBTQ+ students. Discover the small changes in your practice to create a safe space for all of your students.	Middle and High School Physical Education
Cindy Cooper	Dairy - Did You Know?	The new 13 not 9 essential nutrients found in dairy will be discussed in depth. How can Milk support not only skin, hair, and teeth, but your immune system, electrolyte balance, and many more functions. Recipes will be shared to enhance your home and school menus using dairy. What about Lactose Intolerance? What about Milk Allergies? What about Rehydration? What about attending this info-packed session!	Middle and High School Physical Education
Heather Piergies	Learning through Movement	Physical education isn't the only time in the school day for students to move, but not everyone knows where to start their students moving without STOPPING their teaching. Learn and practice simple activities and techniques to integrate academic content with movement to easily turnkey with your colleagues as a physical activity champion, or integrate into your physical education instruction.	Elementary Physical Education
Charity Rice	Not Your Average PE Unit	In this session, we will provide information and lesson plan ideas for some of our units that are a little out of the ordinary! Some of the units we will cover include: Outdoor Unit, Veteran's Unit, Fencing Unit, and more! Though we teach these units in an elementary setting, they could easily be modified for upper grades.	Elementary Physical Education
Chris Gillies	Strength and conditioning strategies for high school rotational athletes	In this interactive session, attendees will learn key strength and conditioning strategies for high school rotational athletes. Learn assessment and exercise protocols for program application.	Sports and Coaching
Shannon Haselhubn	Leading Students to their Best Life through Health Habits	Health coaching strategies, and motivational interviewing techniques have shown promise in creating sustainable health behaviors in individuals. Connecting personal health and lifestyle behavior to overall quality of life allows for growth in motivation and confidence in regard to health and fitness. Join an informative idea sharing session to bring individual goal setting, behavior change interventions, and personalized motivation into the physical education curriculum.	Coordinated School Health Education
Jamie Jacob Brunsdon	Policy Forum: A Space for Advocacy?	The purpose of this forum is to create a safe space for health and physical educators to discuss the good, the bad, and the ugly associated to all things educational policy. In this way, it is hoped that all kinds of educators can come together as multiple communities of practice and with the goal of developing an understanding of how we might individually and/or collectively advocate for positive change.	Elementary Physical Education
Jamie Jacob Brunsdon	Character-based Pedagogy: From Virtue to Flourishing	In this presentation, I hope to address how one character-based pedagogy, as informed by the teaching of different kinds of virtue, can potentially guide youth towards leading a flourishing life. In this way, it is hoped that current and future health and physical education teachers might self-actualize their understanding of, and ability to morally educate young people.	Middle and High School Physical Education
Marissa Kovach	The United States Tennis Association's (USTA) Tennis in Schools Program	With Net Generation, the USTA is committed to helping teachers introduce tennis in PE classes and connect to after-school programs. This interactive workshop will sample activities from the easy-to-follow K-12 lesson plans that were co-created with SHAPE America. Teachers will also become familiar with USTA resources (i.e. curricula, equipment) that are available to them at no cost.	Elementary Physical Education

Carol C. Irwin	Lieberman-Brian Inclusion Rating Scale for Physical Education (LIRSPE)	This program will highlight the Lieberman-Brian Inclusion Rating Scale for Physical Education (LIRSPE), a comprehensive rating scale to evaluate effort made by teachers to include children with disabilities and create a universally designed environment. The LIRSPE measures actions taken by teachers to ensure students with disabilities are offered PE opportunities alongside their typically developing peers. This scale can also help show need and provide rationale for adapted PE equipment.	Adapted Physical Education							
Matthew Brunet	Strategies for instilling mental and physical toughness in today's youth athletes	As mental health awareness increases, many coaches are hesitant to challenge their athletes, physically or mentally, for fear of pushing them over the edge. While other coaches remain ignorant to the developments made in mental health research and endanger their athletes' well-being. Now more than ever, finding the proper balance is pivotal in developing today's youth, and helping them develop toughness, character, and grit.	Sports and Coaching							
Stephanie Congo	Creating A Mindful School Community: Chair Yoga, Breathing and Meditation Class	Always on the run and finding it hard to focus or find peace? The benefits of yoga are clearer thinking, greater patience and a calmer state of being. In this yoga class we will practice balance, strength and flexibility in body, mind and breath. We will flow between movement and stillness to strengthen the body, calm our stress response and boost our immunity. All levels and abilities are welcome. Please wear comfortable clothing. This is a movement class.	Elementary Physical Education							
Stephanie Congo	Creating a Mindful School Community: 12 Ways to Add Yoga at Your School	The leading benefits of yoga in the school include improved attention, alleviated stress and better memory, three important factors to academic success. Yoga also improves sleep, relieves anxiety, increases good mood and supports emotional regulation. We will discuss 12 ways to add yoga at your school to improve the overall health and wellness of your students, parents, staff and teachers.	Elementary Physical Education							
Stephanie Congo	Creating a Mindful School Community: Daily Routine to Boost Your Immunity, Gain Energy and Feel Centered	Learn a short daily movement routine to help you and your students feel energized, centered and focused. We will go over the basics of energy medicine and learn easy exercises to turn on the natural healing power of the body. Done regularly, these techniques will improve overall health and wellness. All levels and abilities are welcome. This presentation will be half lecture and half movement.	Elementary Physical Education							
Stephanie Congo	Creating a Mindful School Community: Enhancing Academic Success with Whole Brain and Full Body Techniques	Learn whole brain and full body balancing techniques to relieve stress, improve memory and increase attention to improve academic success. We will discuss the benefits of energy medicine and practice short brain break exercises. Energy medicine is a holistic approach without medication or drugs to help you feel and be your best. Learn new ways to revitalize the body and mind in the classroom. This presentation will focus on activities we can do while sitting in our seats.	Elementary Physical Education							
Daniel Hill	Bridge the Gap	In this session, Daniel Hill- OPEN National Trainer will share a variety of new K-12 outcomes-based lessons from OPEN that will help physical educators bridge the gaps created by life during the pandemic.	Elementary Physical Education							
Daniel Hill	Nutritional Nuggets	Nutrition education with a TWIST! This movement session will be a BUFFET of activities you can use to encourage your students to take a BITE out of learning to eat healthy for life! Leave this session stuffed with RECIPIES for covering nutrition standards without sacrificing activity time. Particular focus placed on highlighting opportunities to implement the WSWC (whole school whole child) model.	Elementary Physical Education							
Jacob Greer	Introduction to Blood Flow Restriction Training	Occlusion training, or more commonly referred to as blood flow restriction (BFR), is a type of resistance training that uses BFR bands to produce similar physiological results as traditional weight training while using a fraction of the weight. Many studies have looked at the safety of this technique as well as its effectiveness on strength and hypertrophic gains and how it can be optimally applied in rehabilitation and strength training programs.	Exercise Science	Poster Presentation for Research Poster						
Stuart Currie	From Ireland to the USA: Developing an International Strength and Conditioning Internship	Presenters will share their experience of developing an international strength and conditioning internship between Waterford Institute of Technology, Ireland and the University of Tennessee at Martin, USA. Attendees will learn the steps required to organize and implement an internship, challenges faced by the intern when coaching individual and team Olympic sports, and professional benefits for undergraduate sport and exercise science students.	Sports and Coaching							

Tara Marisa Prairie	Maintaining physical wellness during a pandemic	The purpose of this study was to determine to what extent compliance with public health measures specific to COVID correlates with self-efficacy of maintaining physical wellness during a pandemic. Participants were recruited via an online survey. Based on findings, higher levels of COVID compliance have a positive association with higher levels of self-efficacy. It is important to note that hosting remote activities may be a way to help support future community efforts during quarantine orders.	Research (Abstracts)	Poster Presentation for Research					
Dr. Josh Greer	Experiential Learning in Sports Management	This presentation will provide an overview and outline for the planning and implementation of experiential learning that took place during the activities and events leading up to the Super Bowl in Tampa Bay.	Sport Management						
Tim Wilson	Teaching Sport Management During a Pandemic: What I have Learned as an Educator	As someone who has taught sport management for over 20 years, I never thought I would be required to totally reinvent my teaching style and delivery method. However, COVID-19 sent me as well as many others in academia scrambling to figure out how to continue teaching our students with all the new guidelines. In this presentation, I will discuss the life lessons I have learned teaching sport management during a pandemic.	Sport Management						
Rachel Wil	Ending the Silence	Ending the Silence is a program that can be presented live or virtual. The goal of ETS is to raise awareness toward mental health conditions and to decrease the stigma surrounding mental health conditions. Presenters share facts and statistics regarding mental health as well as their own personal testimony.	Lifetime Wellness						
Rachel Wil	Practicing Mindfulness	In this presentation, Rachel will discuss and lead audience through a mindfulness activity.	Lifetime Wellness						
Ron Malm	Get READY, SET, GO!	Seeking a skills-based health curriculum for grades 6-10 that fully integrates with your district's digital learning management system? Health READY® curriculums are designed to accommodate in-person, hybrid, and full remote learning experiences. Learn how students complete daily reflection questions, level up assignments, unit quizzes, and exit tickets. This session will place participants in a simulated Health READY® lesson, so get READY, SET, GO!	Coordinated School Health Education						
Ron Malm	Skill Assessment that Makes a Difference	Skill assessment in the gym doesn't have to be complicated or time consuming. In this session we'll look at assessment options from a teacher and student perspective that will integrate seamlessly into any lesson. Join us for some fun games and best practices that get you the data needed for quality instruction and enhanced learning.	Elementary Physical Education						
Tim Leszczak	What's Next: The Graduate School Option	The purpose of the presentation is to provide undergraduate students information about graduate school. The presentation will cover multiple areas of graduate school to include: the admission process, types of graduate programs, why attend graduate school, and graduate assistantships.	College Students						
Shirley Holt/Hale	Program 1: The Tom Cronan Act for Elementary Physical Education: How Has It Affected Your Program?	The Tom Cronan Act for Elementary Physical Education is law, approved by the Tennessee Legislature and the State Board of Education. How has it affected your physical education program? This session/town hall meeting is to address any questions and concerns you may have about the implementation of the Cronan Act: two days per week, at least 30 minutes per session, taught by certificated elementary physical education professional. Come and share.	Elementary Physical Education						
Shirley Holt/Hale	The Tom Cronan Act for Elementary Physical Education: Is Scheduling an Issue?	The Tom Cronan Act for Elementary Physical Education is law. Has scheduling been an issue for your school? Come to this session for help with schedules.	Elementary Physical Education						
Clayton Sheehan	Teambuilding- Tips, Tricks, and the Theory's Behind It	This interactive program will go over the theories behind teambuilding programs. How you can use them in different programs, and how to plan for them.	Recreation						
Mark Bloodworth	Characteristics of Effective Health Education Curricula	This session emphasizes teaching functional health information (essential concepts); shaping personal values that support healthy behaviors; shaping group norms that value a healthy lifestyle; and developing the essential health skills necessary to adopt, practice, and maintain health-enhancing behaviors. Less effective curricula often overemphasize teaching scientific facts and increasing student knowledge.	Lifetime Wellness						