

# TAHPERD NEWSLETTER

Fall 2017

Volume 37 Number 2

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## TAHPERD Officers 2017-2018

### Executive Director:

ANDREA BURTON

### President:

DIANE KLEIN

### President Elect:

TODD LAYNE

### VP, H & W Division:

WAYNE HINES

### VP of P.E. Division:

CHARITY RICE

### VP General Division:

MICHAEL CATHEY

SHAPE NATIONAL  
CONVENTION  
MARCH 20-24 2018  
NASHVILLE, TN



# TAHPERD NEWSLETTER



## E.D.'S CORNER

Welcome to the Executive Director's corner!  
I hope you all had a wonderful convention, just a head's up, we are going to be making some changes for the convention next year...be ready to "Get in the Game"...and be open minded for a change from our past few conventions!

Just a reminder that SHAPE America National Convention will be March 20th-24th in NASHVILLE! If you are a TAHPERD member you ONLY have to pay the cost of the convention, NOT membership as well. (This will save you about \$75, by being a TAHPERD member!) We are still looking for volunteers to help with the convention. Unfortunately, we can't waive your convention cost, but we will give you a free T-Shirt for helping! If you are interesting in helping, email me at [tahperd.ed@aol.com](mailto:tahperd.ed@aol.com) or you can find a link on our homepage [www.tahperd.us](http://www.tahperd.us). SPEAK OUT Day is February 13th & 14th in Washington, D.C. if you would like to join our President, President Elect, and our Advocacy Chair, please email me for more details. Be looking on our

# TAHPERD NEWSLETTER



## From our President: Diane Klein

Welcome back to a “brand new” term. I know all of you have had the opportunity to relax and recreate over the summer and you are just raring to go into the new school year. Well, so is your TAHPERD Board. Committees and Divisions have been soliciting conference presentations. Membership has been working on innovative ways to get new and existing members more involved, but this is your organization and we need to hear from you. In fact, the Board has been busy working over the summer to get things going for the fall conference and next spring.

Conference submissions have been coming in over the summer and our Convention Program Manager and reviewers has been hard at it. But, this is only the beginning. This is the year we have our state conference in November (5<sup>th</sup>–7<sup>th</sup>) and then we are hosting the National/Southern District conference in Nashville in the spring (March 20<sup>th</sup>–24<sup>th</sup>). So, mark your calendars now. We have some interesting things for November—exceptional sessions, great keynote speaker, and another great Twitter Scavenger Hunt. There are a few surprises too.

Have you ever thought about how you could contribute to TAHPERD? We are always looking for a few good men and women to be part of the Board. If you have an interest in serving on a committee (lists are on our website at <http://www.tahperd.us>) or as a section chair or VP in one of the three divisions, contact our Executive Director, Andrea Burton at [tahperd.ed@aol.com](mailto:tahperd.ed@aol.com). Andrea Burton is also looking for volunteers for Nashville, so help her out. We have much to do.

Hopefully, you have all received the timely notices from our Executive Director about conference submissions, the coming start-up for the new State Standards for PE, information about JRFH/HFH, the Tom Cronan Physical Education Act, and others too numerous to mention.

This year’s theme is “United for a Strong, Healthy Tennessee” and if we all work together, this can and will happen. Remember, we are ALL in this together, as teachers, parents, coordinators, administrators, retirees, and others. And, we are the community that makes this organization strong. So, throw your hat into the ring and become an active part of TAHPERD. Hope to see you all in November.

# TAHPERD NEWSLETTER

**President-  
Elect**

**TODD LAYNE**



Greetings from Memphis! Like most teachers, this past summer was busy...but in a good way! I was fortunate to attend the Society Association for Managers (SAM) Leadership Development Conference in Albuquerque this past June. It was a great opportunity to meet other state leaders and share ideas about the profession. I left energized and encouraged about the direction of the profession. I also had the privilege to attend the Southern District Leadership Conference in July. Again, it provided me with an opportunity to learn more about our profession and the dedication of each state represented. Overall, it was a blessing to be a part of these organizations. I left with new friends and a renewed sense of pride for all of the great things happening in the state of Tennessee! It also didn't hurt when I heard everyone share their excitement for coming to Tennessee in March for the national conference!

As a TAHPERD member, we have a couple of events to be excited about! First, our annual convention takes place November 5<sup>th</sup>-7<sup>th</sup> and then we finish the year with the SHAPE National Convention in Nashville! Our state convention is a great opportunity for practitioners to gain ideas for the classroom, share with others, and to be encouraged about the work they are doing in their schools. As I talk with teachers who attend, I'm encouraged by their level of commitment to quality teaching and the overall sense of appreciation that they have for the convention. It is our goal to offer more developmental opportunities for teachers across the state in the future. I have been fortunate to attend many SHAPE conferences in the past, but I'm most excited about having the convention here in Tennessee! This past March I attended the SEC basketball tournament in downtown Nashville. One morning, in anticipation of the upcoming SHAPE conference, I decided to visit the new Nashville Convention Center for a sneak peek. I was blown away by the size and the amount of time it took me to walk through the building! For those of you who like to walk in between sessions, this is the convention for you! I also loved the fact that as soon as you leave the building, you are in the heart of the city with plenty of things to offer. I hope that many of you are planning to attend. I believe you will be happy you did.

# TAHPERD NEWSLETTER

Greetings Physical Educators,

It is almost time for our state convention! The convention is being held on November 5-7<sup>th</sup> at the Embassy Suites in Murfreesboro. This year is sure to excite with meaningful workshops, wonderful presenters, and a nationally famed keynote speaker! If you have not yet registered, fear not! You can still do so online or at the door. For more information, please follow the link below:



<http://www.tahperd.us/convention>

After our state convention comes to a close and you realize how reenergized you are by the fresh perspective and new ideas you've gained, please remember to register for the SHAPE America (national) convention that Nashville is hosting in March! For more information, please follow the link below:

<https://convention.shapeamerica.org/>

If, by chance, you have more free time than you know what to do with, you need to find a little something extra to help spice up your TEAM professionalism scores, or you just love volunteering and making a difference in the world around you, you can register as a volunteer for the SHAPE America national convention in March by following the link below:

<https://docs.google.com/forms/d/e/1FAIpQLSceGgRg0XGTX7VFfvQ0itNCwk-d0IcU2ta8EnsJHRS9-QcpQg/viewform>

Thank you for all you do to make this profession one of the best!!

Blessings,

Charity Rice

Liberty Elementary

# TAHPERD NEWSLETTER



Tim Wilson  
General Division

Tim Wilson serves as an Assistant Professor of Sport Management at Martin Methodist College in Pulaski, Tennessee where he has taught since 2001. A native of Coryton, Tennessee, Wilson received his B.S. degree in Speech and Theater with a concentration in Speech Communication from Middle Tennessee State University, his M.S. degree in Human Performance and Sport with a concentration in Sport Management from the University of Tennessee, his M.B.A. with a specialization in Sports Management and Leadership from Northcentral University, and currently he is working on his Ed.D. in Educational Leadership with a specialty in Business from the University of the Cumberlands.

Tim serves as the Faculty Athletics Representative at Martin Methodist and has an active role in the governance of intercollegiate sports within the National Association of Intercollegiate Athletics (NAIA). A member of TAHPERD since 2013, Tim enjoys staying active in the sport management field by presenting at regional and national conferences.

On behalf of the TAHPERD General Division, I would like to welcome you to the 48<sup>th</sup> Annual TAHPERD Convention. We have a lot of great activities and presentations in store over the next few days. I look forward to meeting as many of you as possible and I believe this year's convention will be the best yet. On behalf of the General Division, welcome and have a great time in Murfreesboro!

# TAHPERD NEWSLETTER

## ADVOCACY/LEGISLATION

Legislative Plaza on Capitol Hill in Nashville is now a welcome environment for physical education and TAPHERD. Due to three years of consistent TAHPERD lobbying, TN Legislators are much attuned to curriculum shortcomings in elementary schools (involving physical education). *We have a tremendous new national partner in the American Heart Association and their priority of assisting legislation involving physical education.* Along with AHA, we have increased legislative understanding of physical education because of the faithful groundwork of previous TAHPERD Board Members.

The path to successful passage of *2 days of Elementary Physical Education per calendar week* is progressing, but not yet complete. One of the obstacles for legislators involves misconceptions about physical education *versus* physical activity. We are working carefully to separate the two fields, and using SHAPE America position papers which spell out that a lifetime of physical activity is only possible when we provide elementary students with a legitimate foundation in physical education.

Although physical education cannot finalize a *total foundation* for students by 5<sup>th</sup> or 6<sup>th</sup> grade, it can provide essential fundamentals that would be expanded in middle and high school physical education. Because of the growing support across the Tennessee Senate and House, we are enthusiastic about the future passage of our elementary physical education bill (i.e. The Tom Cronan Act, named after noteworthy elementary physical educator Tom Cronan) for Legislative Session 2018.

### **How can the TAHPERD members assist in this legislative passage?**

Learn the names of your specific TN legislators and contact them by personal email, and carefully but succinctly report [what parents and students in your school districts tell you about the value of physical education to their children](#). (Keep in mind legislators will already assume YOU as the physical educator are already convinced of the importance of your profession.)

Ask [key teachers and administrators in support of physical education](#) (at your school) to write personal emails to legislators serving on the House Education Committees (can find this easily at [www.capitol.tn.gov](http://www.capitol.tn.gov)).

When you contact legislators, [share specifics of why the foundation of physical education is essential for children](#) so that they can have a healthy lifestyle of physical activity of all kinds.

Finally, [emphasize \(using specifics\) the importance of a foundation of physical education for children](#).

TAHPERD Members- we need your unity and enthusiasm to shine through emails and letters to legislators. Let us continue to fight for the health of today and tomorrow's children through what can be offered in elementary physical education. Feel free to contact the TAHPERD Chair of Advocacy/Legislation: [fran.hoogestraat@gmail.com](mailto:fran.hoogestraat@gmail.com) with ideas, suggestions and questions.

# TAHPERD NEWSLETTER

## 48TH ANNUAL TAHPERD CONVENTION

2017 TAHPERD CONVENTION  
NOVEMBER 5-7, 2017  
EMBASSY SUITES  
MURFREESBORO TN

### SUNDAY NOVEMBER 5

- REGISTRATION 12-5 (LOBBY)
- EXHIBIT SET UP 9-4
- EXHIBITS OPEN WITH SNACKS 6-9

### PRE-CONVENTION WORKSHOPS

- ICE BREAKERS 12:30-1:00
- PHYSEDHACKS 1:15-4
- TOURNEY PLAYERS GOLF 1-4
- CPR/AED CERT 1:20-4:30
- TENNIS COACHING/TEACHING 1:30-4:30

### MONDAY NOVEMBER 6

- REGISTRATION 7-4
- BREAK OUT SESSIONS 8-4:30
- EXHIBITS OPEN 10-5
- LUNCH 11:30-1:00

HOTEL MANAGER'S SOCIAL 5:30-7:30

### TUESDAY NOVEMBER 7

- EXHIBITS OPEN 8:00 A-11P
- BREAKOUT SESSIONS 8:00-11:30
- AWARDS LUNCHEON 11:45-1:00
- BOARD MEETING 1:30-3:00

### WORKSHOP HIGHLIGHT



Ben Landers, a K-12 certified Physical Education teacher and has been teaching K-5th Phys Ed since 2007, is conducting a pre-convention workshop. He has completed National Board Certification in PE and also has a Masters in Education from Southern Wesleyan University and a Masters in Educational Leadership from University of South Carolina. Ben also serves as a Clinical Model Teacher for the University of South Carolina, helping to mentor future Physical Education teachers as part of their graduation requirement.

Ben started this website ThePEspecialist.com in 2014. He has a passion for kids and teaching quality physical education lessons that will empower students to be the best they can be. Being a PE teacher is such a great opportunity to have a positive impact on the kids that you teach, but his hope is to also impact more students through providing resources and ideas to teachers.

**In addition, we have over 100 presentations this year that should meet the needs of all convention attendees across all concentrations!!! SEE YOU THERE!!!!!!!!!!!!**

# TAHPERD NEWSLETTER



Since Jump Rope for Heart events began more than 30 years ago and Hoops for Heart events began 16 years ago, lives have been changed by encouraging us all to be heart healthy for a lifetime. Many of us have grown up with these events having participated as students ourselves. The funds raised through JRFH/HFH are used locally to educate, support research, and enhance lifesaving heart procedures. More than 15 million dollars has been raised over the past 30 years in Tennessee for the fight against heart disease and stroke

## Would you like to host a Jump Rope for Heart Event at Your School?

Jump Rope for Heart Events can be done many different ways. Hosting an event has never been easier with the option of all student registration and donation collection going directly through the American Heart Association website. Students can simply register on-line once a school team has been created and can gather donations on-line as well. No money has to be collected and brought to school! For more information on how you can host an event, please contact Jessie Wiens at [jessie.wiens@heart.org](mailto:jessie.wiens@heart.org)

## \*TAHPERD's policy regarding the waiving of membership fees for Event Coordinators

- The coordinator of record for a Jump Rope for Heart or Hoops for Heart event that was held during the 2016-2017 school year and raised \$600 or more is entitled to their TAHPERD membership fee being waived for 2017-2018.
- If the event raised more than \$4001, then a second person, as designated by their event coordinator, can have their TAHPERD membership fee waived for 2017-2018.
- If the event raised more than \$10,001 then a third and fourth person, as designated by their event coordinator, can have their TAHPERD membership fee waived for 2017-2018.

If you are eligible for a gift TAHPERD membership, you will be contacted in the fall via e-mail by TAHPERD Executive Director Andrea Burton. A big thanks to all of our coordinators!

# TAHPERD NEWSLETTER

## Healthy Parks Healthy Person TN– Earn points for being active outdoors!



Science shows that spending time in the great outdoors can actually make your body and mind healthier. In Tennessee, we are lucky to have a variety of amazing parks – state, county and city – which offer a wide array of opportunities for you to be active outdoors.

Healthy Parks Healthy Person TN is a program aimed at improving and sustaining a person's health by getting them outside. Tennesseans can simply visit the web-

site [app.healthyparkstn.com](http://app.healthyparkstn.com) and sign up to begin earning points for being active in **ANY** park in Tennessee. The app allows users to share activities with their friends on social media and earn badges when they hit milestones, and as a reward for sticking with the program, the points users earn can be used towards rewards in a Tennessee State Park. Rewards include free games of golf, free camping, free cabin stays, and free meals in our park restaurants.

To find out more about Healthy Parks Healthy Person TN email [ryan.jenkins@tn.gov](mailto:ryan.jenkins@tn.gov) or [kristina.g.bradford@tn.gov](mailto:kristina.g.bradford@tn.gov) so you can begin to take steps to a healthier you! Friend us on Facebook! <https://www.facebook.com/healthyparkstn/>

## GRANTS INFORMATION

### 2017-2018 TAHPERD Grant Applications Now Being Accepted

TAHPERD has eight (8) \$500 grants available to current TAHPERD members. Grants are awarded to individuals who are seeking funding sources for innovative projects, research endeavors, or specialized equipment to improve teaching. Awardees are required to share their project during the grants session at the next TAHPERD Convention. Only on-line applications are accepted and is available at [www.tahperd.us](http://www.tahperd.us). To find the application, enter the TAHPERD website, click on **Explore** tab then **Grants** then **Online Application**. Deadline: October 1.

For further information, contact Dr. Marcy Maurer, Austin Peay State University, [maurerm@apsu.edu](mailto:maurerm@apsu.edu).

# TAHPERD NEWSLETTER

TAHPERD provides continuing education through multiple mediums such as newsletters, email news blasts, annual conventions, workshops, and TAHPERD Talks events. Application and payment of membership dues entitles members to services immediately upon submission. The TAHPERD year runs from September 1 to August 31. Membership submitted at any point during the TAHPERD year enables members to participate in all TAHPERD event through August 31 of the fiscal year and receive TAHPERD electronic and paper updates through the same time period.

**Privacy Policy:** TAHPERD does not sell or promote membership information. All personal contact or identifying information is kept confidential and used for the sole purpose of reaching members quickly and efficiently regarding TAHPERD events, workshops, and updates.

## Membership Costs

- Professional \$35
- Graduate Student \$20
- Undergraduate Student \$15
  - Associate \$15
  - Retired \$5
  - Institutional \$30
  - Commercial \$15

## 2016 AWARD WINNERS

### TAHPERD 2016 Award Winners

- Elementary Physical Education Teacher of the Year: Alyssa Finneyfrock
- Middle School Physical Education Teacher of the Year: Darnell Spann
- High School Physical Education Teacher of the Year: Wayne Hines
- Health Educator Award: Caroline Crabtree
- Dance Educator Award: Sarah McCormick
- James E Ward Future Professional: Tyrrell Wakefield
  - Connie Hall Givens Coordinated School Health: Cheryl Kelley
  - National Board Recognition: Angela Spiller

### James E. Ward Student Honor Awards 2016

- Austin Peay State University: Unjala Lester
- Lipscomb University: Addison Groves
  - Middle Tennessee State University: Katherine Smith
- Southern Adventist University: David Grau
- University of Memphis: Colton Spicer
- Union University: Jennifer Tingley
- East Tennessee State University: Kelsie Moore
- University of Tennessee, Martin: Tyrrell Wakefield
- Tusculum College: Shannele Sunderland

# TAHPERD NEWSLETTER

## TAHPERD COMMITTEES

### Advocacy

- Fran Hoogestraat – Chair
  - Shirley Holt-Hale
    - Kathy Clark
  - Brenda Vroon
  - Mike Phillips
  - Charity Rice
  - Terrica Sims
  - Erin Powers
- Katherine Pebworth  
Andrea Burton – Executive Director

### Applied Strategic Planning

- Shirley Holt-Hale – Chair
- Diane Klein – President
  - Sharon Cradic
- Fran Hoogestratt – Advocacy Chair
  - Stuart Currie
  - Ahleasha McNeal
  - Victoria Rettmann
  - Tammy Rollins
  - Kelley Greene
  - Terrica Sims
- Andrea Burton – Executive Director

### Awards

- Bob Bengé – Chair
- Terry Bellenfant
- Tracey McClain
- Linda Ramsey
- Tammy Rollins
- Diana Mozen
- Sharon Cradic
  - Tony Kirk
- Andrea Burton – Executive Director

### Finance

- Cam Kerst-Davis – Chair
  - Kathy Clark
  - David Bow
  - Michael Cathey
  - Darnell Spann
- Andrea Burton – Executive Director

### Nominating

- Chair – Past President
- Todd Layne – Past Vice President of  
Health and Wellness
- Ajit Korgaokar – Past Vice President of  
Physical Education
- Daniel McMasters -Past Vice President of  
General  
Andrea Burton – Executive Director

### Convention Management

- Past President, Chair
- Andrea Burton – Executive Director
  - Tina Hall – Program Chair
- Wayne Hines – Vice President of Health  
and Wellness
- Charity Rice – Vice President of Physical  
Education

- Michael Cathey- Vice President, General
  - Wayne Hines – Exhibits Chair
  - Kathy Caudill – Web Manager
- Amanda Smith – Joint Projects Chair
- Jessie Wiens – AHA Representative
- Julian Allen – Newsletter Editor

### TAHPERD Talks

- Sharon Cradic – Chair
- Andrea Burton, Executive Director
  - Marcy Maurer

### Demonstration School

- Shirley Holt-Hale – Chair
  - Andrea Burton – E.D.
  - Katherine Pebworth
  - Terry Bellenfant
  - Kathy Clark

### Let's Move Active Schools

- Laura Brown – Chair
- Andrea Burton, Executive Director
  - Stuart Currie
  - Kason O'Neil
  - Kelley Greene

### Site Selection

- Todd Layne – President-Elect
- Diane Klein – President
- Andrea Burton, Executive Director

# TAHPERD NEWSLETTER



JULIAN ALLEN  
NEWSLETTER EDITOR  
HERITAGE MIDDLE SCHOOL  
Maryville, Tn

Hello TAHPERD members! As always, I hope that all of you are having a fantastic school year! It was great seeing many of you at this year's convention. Hopefully many of us can reconnect at the SHAPE Convention which is coming up in Nashville from March 20-24, 2018.

If you have not ever attended a convention, SHAPE will be a great one to start with.

As for our 2017 convention, I would like to apologize for the errors in the program. I will make sure that the program meets your needs a lot better next year. Moreover, I hope that everyone enjoyed their experience this year and will come back for the next one!

Thanks for being members of a great organization and for mentoring our students every day!

Best Wishes,