

# TAHPERD NEWSLETTER



## From the President: Sharon Cradic

Volume 34 Number 1



Sharon Cradic is currently a K-8 physical education instructor at University School on the campus of East Tennessee State University as well as an adjunct instructor for the department of Kinesiology, Leisure, and Sport Sciences (KLSS). She has been on the faculty at East Tennessee State University for eleven years and has taught physical education for sixteen years. Sharon has been a head volleyball coach, cross country coach, softball coach, and Girls on the Run coach.

### TAHPERD Officers 2013-2014

Sharon Cradic  
President

Tina Bozeman VP,  
Health & Wellness Division

Paul Zenker VP  
Physical Education Division

LaNise Rosemond  
VP General Division

Cam Kerst-Davis  
Executive Director

It's a great time to be a member of TAHPERD! There are many highlights within the past few months in which we as an organization can be proud. We held 3 very successful regional summer workshops with 3 student growth measure workshops offered across the state to teach for learning and teach the protocols of the assessment tools. On July 25 the State Board of Education approved the Physical Education Student Growth Measures model. How exciting is this! Many schools have signed up for Let's Move in School and we had our very best year in fund raising for Jump and Hoops for Heart. Tennessee had 556 schools participate and will receive \$52,997.53. That is AMAZING! These are just a few examples of what has been happening in our state.

I highly value the opportunity I have to serve the association as President and I would like to invite you to TAHPERD's 45<sup>th</sup> annual convention, October 26<sup>th</sup> -28<sup>th</sup> in Murfreesboro. My theme is *Be "TOAD"-ally Active*. Not only do we need to be physically active, but we need to be active in advocating for quality health and physical education programs. We need to be active in continuing professional development through instructional and motivational workshops, participating in fitness-based testing and assessment, staying current with the immediate trends, needs, and directions of our profession, and promoting health and physical activity in a positive way. I encourage each of us to do our part. To make a difference in what we believe in. Reflect upon your daily practices. I have attended and presented at TAHPERD's conventions for many years. I value the sessions as a must for professional resource. I can't tell you how many fantastic ideas and knowledge of current issues I have received from attending the TAHPERD convention. Invite others to participate with us. Together, we can make a difference.

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# TAHPERD Newsletter



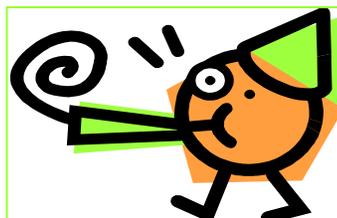
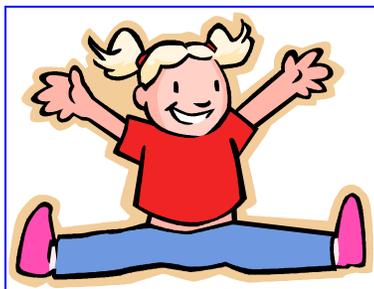
Cam Kerst-Davis, , TAH-  
PERD's Executive Director,  
is now retired from teaching  
elemen-tary physical educa-  
tion for 39 years. Cam is a  
past Washington and Tennes-  
see state AHPERD president  
and past Southern District

## Physical Education State Standards

A committee is being formed to review and update the state physical education standards. Currently there is no timeline available for when the revised state standards will be completed. The National Physical Education standards are available through Human Kinetics and SHAPE America. ISBN code is: 978-1-4504-9626-1

**SHAPE America – southern district convention** is .... February 18-21, 2015, in Atlanta, GA. It is a short drive to Atlanta so I hope to see many of you in Atlanta February 2015.

## A message from the Executive Director



### There is reason to celebrate.....History was made .....

on July 25 the State Board of Education approved the model for the Physical Education Student Growth Measures. What does this really mean... Elementary physical educators can be in control of their own student growth measures, IF their school system opts in to use the SGM.

Many of you will remember in the spring of 2009 Tennessee was awarded one of the **Race To The Top** grants. Since the fall of 2011 all public school teachers have experienced the reform of K-12 education. Multiple measures are used to look at teacher performance with the TEAM model. Those being... teacher observation data (50%), student growth scores (35%) and student achievement data (15%).

For the last three years a committee of TAHPERD members have worked with the state department to write the student growth measures in physical education. Please see Tina Hall's article for more detailed information.

### TAHPERD ANNUAL CONVENTION--"Be TOADally" Active

The TAHPERD annual convention is October 26 -28 at the Murfreesboro Embassy Suites and Convention center. Registration and hotel information will be available September 5.



### TAHPERD Membership

TAHPERD'S calendar year is September 1 – August 31. All current members must renew their TAHPERD membership to attend the convention or to be a current member. To attend the 2014 convention all attendees must be a current TAHPERD member. If you held a Jump or Hoops for Heart event last school year, 2013- 2014, you may have qualified for a gift membership if you raised over \$600. Only one teacher per school may apply for the gift membership unless the school raised over \$4000. A membership form needs to be completed to be a current member.



### Advocacy

Advocate for physical education using the TAHPERD PARADE BANNER. Contact [ed@tahperd.us](mailto:ed@tahperd.us) for information.

Fran Hoogestraat, Advocacy Chair, and the Advocacy committee will be active again this year. Get ready to contact legislators to encourage them to support bills that are in the best interest of children and physical education.

Cam Kerst-Davis  
Executive Director

# TAHPERD Newsletter



## Health and Wellness Division

Vice President: Dr.

Tina M. Bozeman,

NBCT

## Health and Wellness Division

The Health & Wellness Division is pleased to offer a variety of sessions highlighting First Aid and Safety, Fitness, Coordinated School Health Education, and Lifetime Wellness for the upcoming TAHPERD Convention. We appreciate all professionals who submitted proposals. If you are interested in submitting a proposal in the future, the form can be found on the TAHPERD website. You may also consider teaming up with a colleague and/or friend and presenting as a duo.

If you are interested in serving as a section chair for any division, I encourage you to communicate with President-Elect, Alysia Jenkins. TAHPERD values new ideas and strives to cultivate future leaders. TAHPERD also provides unique opportunities for networking with other professionals throughout Tennessee and the nation.

As the Vice-President for the Health and Wellness Division, I extend my appreciation to the 2014 section chairs. Your commitment to TAHPERD is invaluable to its ongoing success.

We look forward to seeing you at the Embassy Suites Hotel in Murfreesboro, TN October 26-28, 2014 for the TAHPERD Convention.

## Awards information

This year, the awards committee received a wealth of highly qualified nominations spanning a variety of categories. The awards will be presented during the 2014 TAHPERD Convention. We appreciate each person who submitted a nomination for the recognition of a deserving professional within the areas of health, physical education, recreation, and dance.

If you are interested in submitting an award nomination for 2015, visit the TAHPERD website at [www.tahperd.us/](http://www.tahperd.us/). You may also complete a nomination form at the convention.

We hope you will plan to attend the TAHPERD luncheon and show your support for the award recipients. It is a special opportunity to showcase and honor those professionals, within our state, that are working to make a difference in the health and well-being of others.

## Let's Move Active Schools

The LMAS enrollment for the state of TN has almost reached 400! If you have not signed your school up yet, now is the time to do so! All schools that are registered will be eligible for a door prize to be given away at the convention. There will be a session titled *LMAS 101* at the TAHPERD Convention that will provide you with the most up to date information on LMAS. Come find out news ways to keep your students active and healthy. See you there!

Healthy Wishes,  
Laura Brown, LMAS Coordinator

## American Heart Association

-556 Jump Rope/Hoops for Heart events held in Tennessee raising \$1,695,921, with \$52,997 of that going back to TAHPERD

-Coordinators of these events who raised at least \$600 will be given a free membership to TAHPERD

-Join us at the upcoming TAHPERD Convention, October 26 - 28, for our 3<sup>rd</sup> annual Coordinators Social/Meeting to learn about new things for the upcoming year, meet the new DUCKS, and celebrate the great year you all had!

Polly Perkins  
Youth Market Director

## General Division



Dr. Lanise Rosemond  
Vice President:  
General division  
of TAHPERD

As the Vice President of General Division, I would like to thank all of you for your steadfast commitment to the Tennessee Association of Health, Physical Education, Recreation and Dance (TAHPERD) Annual Convention. At the 2013 convention, the general division had several well-attended presentations that were requested again for the 2014 convention and the number of presentations has grown tremendously over the years. The five areas in the general division and division chairpersons are: Higher Education (Dr. Pam Womack), Students (Dr. Diane Klien), Recreation (Dr. Robyn Riel), Research (Dr. Todd Lane), and Sport Management (Dr. Julie Powell).

We are very excited and proud to announce that at this year's General Division workshop our special guest and workshop trainer will be former NFL Player, Keith Willis! In 2003, Willis graduated from Virginia Tech with a Bachelor of Science in Human Nutrition Foods and Exercise, and in 2014, he obtained his Master of Science in Health Promotions, all while playing football for Virginia Tech. Willis later went on to play for five NFL teams: Green Bay Packers, Cleveland Browns, Denver Broncos, Seattle Seahawks, Kansas City Chiefs, and the NFL Europe team, the Frankfurt Galaxy. In 2008, Willis worked briefly for a fitness company before realizing that his calling was in entrepreneurship. He started Untapped Fitness, LLC and he is currently going into his 6th year of business, and the company is still growing and evolving. Along with managing Untapped Fitness, Willis is the Director of Strength and Conditioning at the Georgetown Preparatory School in Bethesda, Maryland.

Willis' presentation is titled, "Transforming Fitness and Wellness into All Levels of Education." Attendees of the general division workshop can expect to hear the latest information about the world of fitness. This presentation is designed to benefit all sections of the TAHPERD general division group (Higher Education, Recreation, Sport Management, Students, and Research). Willis will have small break out sessions for each division after his presentation.

Furthermore, at this year's convention, the general division sessions will include a host of session presentation topics, such as: Experiential Learning in the HHP Department at UT Chattanooga; How Serving has Helped Me Grow; The Latest News about the Female Athlete Triad; Part 2: Women and Their Health: Women CAN Work Well Together - A healthy conversation about how to develop, build and embrace a healthy working environment; Advocacy and the Future Professional: A Dynamic Combination; Learning from another view - Experiential Nature-Based Education; The Impact of CAEP on Physical Education Teacher Preparation Program; Encouraging Undergraduate Sport Management Research: A Collaboration Between Faculty and Students; Mentoring Relationships in Intercollegiate Athletics; An Obesity Awareness and Prevention Campaign That Changed a College Campus; Physical Education: Ready2Teach The Good The Bad The Ugly; Teaching Sports Courses Round Table.

Again, TAHPERD members, thank you for your dedication to our association. It is our desire to provide the best conference experience tailored to both you and your profession in our field. We are encouraging all members and future members to consider presenting in the general division at TAHPERD in the near future. Please contact the VP or any of the section chairs if you would like to present at our next 2015 TAHPERD Annual Convention. It has been my pleasure to serve as the VP of General Division.  
Best Regards!



# TAHPERD WORKSHOP NEWS!

TAHPERD sponsored three elementary Student Growth Measures (SGM) across the state, this summer, to teach for learning and teaching the protocols of the assessment tools. Next summer TAHPERD expects to offer SGM workshops K-12. Be looking for more information on the TAHPERD web page, [www.tahperd.us](http://www.tahperd.us), in the spring.

## Coming up!

**PELT**, August 21-23, 2014, Black Mountain, NC, ([info@ncaahperd.org](mailto:info@ncaahperd.org))

**Southern District Student Leadership Development Conference**, September 25 - 27, 2014 Johnson City, Tenn.

**Tennessee AHPERD Annual Convention, "BE TOAD"ally ACTIVE**, October 26-28, 2014, Murfreesboro, Embassy Suites Hotel and Convention Center, [www.tahperd.us](http://www.tahperd.us)

**Share the Wealth, Jekyll Island, GA**, January 19-31, 2015 ( [www.gahperd.org](http://www.gahperd.org))

### **Southern District Convention**

**"Moving Forward - Shaping Our Future"**

February 18 – 21, 2015

Atlanta, GA

Co-hosting with Georgia AHPERD

SHAPE America National Convention and Exposition

March 17 –21, 2015

Seattle, Washington

# TAHPERD ADVOCACY

## **ADVOCACY PROGRESS:**

Thanks to initial meetings with TN Legislators in March 2014, we have obtained a sponsor (or more) for two pieces of legislation for the 2015 Legislative Session. Thanks to our sponsors, our legislation that would mandate and require physical education (either 2 or 3 days per week with a certificated physical education specialist) will be filed several months before the legislation session begins.

We thank TAHPERD members Frank Burnett, Kathy Clark, Fran Hoogestraat and Patty Pender who took time during Spring Break 2014 on Capitol Hill in Nashville, meeting with key (Education Committee) legislators to discuss the importance of physical education for children in Tennessee. These contacts and meetings laid a foundation as we gained advocates and sponsors for 2015 legislation.

During our 2014 TAHPERD Convention (Oct. 26-28) at the Embassy Suites Hotel in Murfreesboro, we will have a Reception with Tennessee Legislators. At this time, we need TAHPERD members to come and discuss in person the value of physical education with these key decision makers. Plan on attending this reception----details will follow in the TAHPERD convention information, or you can contact our Advocacy Chair at [fran.hoogestraat@gmail.com](mailto:fran.hoogestraat@gmail.com).

## **CARRY THE TAHPERD BANNER IN PARADES, FESTIVALS, MEETINGS, etc.,**

A sturdy, "TAHPERD-blue" 3 feet tall x 8 feet long banner is now available to TAHPERD members to use in parades, meetings, festivals, anywhere TAHPERD can take a stand to further our message "Physical Education is THE Common Core". The bright blue banner can be borrowed for free (and returned to) Cam Kerst-Davis at 1407 Cree Court, Murfreesboro, TN. Those who wish to reserve the banner? Contact Cam at: [cam7777@edge.net](mailto:cam7777@edge.net). Remember due to its length, you will need to supply your own 1 1/2" PVC Pipe for banner end pockets so 2 people can carry it properly and display our message effectively. Help us make our statement about the importance of physical education for the well being of children in our state. Questions? Contact either Cam Kerst-Davis or Fran Hoogestraat.

# TAHPERD CONVENTION 2014

## Convention Manager

We are excited about the upcoming 45<sup>th</sup> Annual Convention on Oct 26-28, 2014 in Murfreesboro. Come join us for food, networking, fun and lots of learning. Each year we keep getting better and this coming year is no exception. Over the past few years our numbers keep growing, we were over 700 in attendance last Oct. Make your plans NOW to join us in Oct.

Go to the TAHPERD Website- <http://www.tahperd.us/> September 5 to register for the convention and renew membership.

We have LOTS of great sessions this year and you don't want to miss out.

We are also doing Soles4Souls again this year. Last year we collected over 333 pounds of T-shirts and over 500 shoes. Let's top that this coming year. We again are collecting BOTH shoes and T-shirts.

## TAHPERD Talks:

The Tennessee Association of Health, Physical Education, Recreation, and Dance has funding available for any current member to apply to host a TAHPERD TALKS event. The purpose of TAHPERD TALKS is to bring professionals together to enjoy a meal and have open discussion. The host of TAHPERD TALKS has the authority to structure the event to his/her preference. The attendees do not need to be TAHPERD members but the host is encouraged to promote TAHPERD at the event. Go online to fill out the paperwork. [http://www.tahperd.us/tahperd\\_talks.html](http://www.tahperd.us/tahperd_talks.html)

# 45TH ANNUAL TAHPERD CONVENTION

From the Convention Program Chair – Christy Killman

The countdown is on!!!! The 45<sup>th</sup> annual TAHPERD convention is just around the corner. Perhaps as you read this you do not realize that work on the convention planning and programming has been going on literally for months now. Your TAHPERD president and board have been working on securing quality presenters for relevant topics to make this year's convention the best it can be. At this time there are approximately 90 sessions that will be put in a schedule to provide you with a great convention experience in 2014.

DON'T WAIT!! Starting September 5 you can log onto TAHPERD.us and renew your annual membership and sign up to attend this year's convention. I challenge you to show up early and stay late! Many exciting things are in the works for this year. I hope to see you in Murfreesboro on October 26-28.

Below you will find an abbreviated list of sessions that have been approved for this year's convention. In addition there will be a variety of workshops on Sunday afternoon including guest speaker Keith Willis, former NFL player, and Charla Parker, former National Teacher of the year. You might also be interested in signing up for the PALs training being offered free of charge, but registration is required to attend. Use this information as you make your plans to attend. Remember, there are fun things to do starting Sunday and going through the end of convention on Tuesday afternoon. Don't forget some usual attractions, like the Higher Education roundtable discussion on Sunday afternoon and SUPERSTARS for the future professionals on Monday afternoon.

If I can be of assistance to you, please contact me at [ckillman@tntech.edu](mailto:ckillman@tntech.edu).

List of TAHPERD sessions for 2014 convention can be found on pages 14-21.

## From the President Elect: Alysia Jenkins

Cam Kerst-Davis and I had the opportunity to attend national Leadership Development Conference (LDC) this summer in St. Louis with other President-Elects and Executive Directors. It was a great time of sharing and learning about what other states do well and what we do well in Tennessee. More importantly, it was a time to learn what our current areas of growth are. Developing leaders and increasing involvement are the two that I would like to focus on during my upcoming year as president. This effort will begin the weekend prior to convention as we host our own LDC at Embassy Suites with board members and future professionals. I first want to encourage all board members to attend because your input and direction are needed in some important matters, like our work with AHA, meeting member needs, and the name and vision of our association. Board members are the first line of leadership for our profession, not just our association. I also want to encourage all universities to choose a couple of promising future professionals to represent your program at LDC. We want to build community among them and with veteran professionals to establish a network that provides direction, resources, and modeling of how to serve our profession beyond the school day. Other sessions will address advocacy, first-year teaching tips, interview skills, and organizational changes with SHAPE America. The presenters at LDC include first-year teachers, experienced K-12 teachers, professors, and past-presidents to provide both specialized and comprehensive information. I am excited about the opportunities for our association and profession to grow and lead!

If you would like to know more about being on the Board or sending future professionals to LDC, please contact me at [Alysia.Jenkins@wcs.edu](mailto:Alysia.Jenkins@wcs.edu) .



## Grants

### 2014-15 TAHPERD Grants Available

TAHPERD has eight (8) \$500 grants available to current TAHPERD members. Grants are awarded to individuals who are seeking funding sources for innovative projects, research endeavors, or specialized equipment to improve teaching. Awardees are required to share their project during the grants session at the next TAHPERD Convention. The application is available at [www.tahperd.us](http://www.tahperd.us). To find the *download* application, enter the TAHPERD website, click on **About Us** tab then **Grants** link in box to the right. Deadline: October 1, 2014.

The 2013-2014 awardees were the following: Josh Boynton, Lake City Elementary; Tina Bozeman, Martin Luther King Magnet High School; Kathy Caudill, Pearre Creek Elementary; Joe Miles, Tennessee Tech University; Robin Reding, Westwood Elementary; Tanya Ross, Woodlawn Elementary; Nancy Jo Tyner, Craigmont Middle School; and Jordan Webb, Cookeville High School.

## Archives

The Tennessee Association for Health, Physical Education, Recreation and Dance has had many great leaders in past, and we still have great leaders. The Archives committee would like to preserve the memories of past leaders and events in our association. Would any university be interested in establishing a “TAHPERD Hall of Fame?” This could be a classroom where TAHPERD material could be displayed. There are many things that could be displayed and many records to be stored. It could be a great blessing to your students and perhaps TAHPERD could provide guest speakers from past and present leaders to come and talk to your students and student from nearby schools.

If interested contact David Adams  
[dock.adams@att.net](mailto:dock.adams@att.net)



# SGM Workshops



Molly Williams, Angela Pennington, and Maggie Burk



Brian Fisher at the Franklin Student Growth Measures workshop



Tina Hall talking to 2 physical education teachers at the Memphis area Student Growth Measures workshop.

# SGM Workshops



Franklin workshop

Molly Williams explaining the volley assessment.



## Update: Student Growth Measure!

**Liaison to TDOE** – update of SGM and where we are with revision of state standards

TAHPERD Liaison to the TN Department of Education: Tina J. Hall, MTSU

Great News: The portfolio model of the Physical Education Student Growth Measures (PE-SGM) was approved by the TN Board of Education on Friday, July 25!

The Elementary PE-SGM is ready for implementation in the 2014-2015 school year. Districts can now “opt-in” requiring elementary physical education teachers to use the PE-SGM to represent 35% of the teacher evaluation score in lieu of current TVAS. Physical education teachers can now be evaluated on what they teach students as opposed to content taught by others. Check the TAHPERD website for the teacher handbook, scoring guide, and other materials for implementation. If your district does not choose to adopt the PE-SGM this year, I encourage teachers to try the assessments to experience the ease of use.

If you are interested in having your school district adopt the PE-SGM, simply have a representative district office personnel to contact Courtney Seiler ([Courtney.Seiler@tn.gov](mailto:Courtney.Seiler@tn.gov)).

The middle and high school content is to be developed and piloted with plans for implementation in the 2015-2016 school year. Anyone interested in being a part of this process, should contact Tina Hall ([tina.hall@mtsu.edu](mailto:tina.hall@mtsu.edu)).

Summer PE-SGM workshops were a success this year with over 150 professionals in attendance. Special thanks to the following presenters that worked to plan and conduct the workshops:

Maggie Burk  
 Brian Fisher  
 Tina Hall  
 Bob Kerlin  
 Cam Kerst-Davis  
 Brian Kreid  
 Angela Pennington  
 Deanna Trice  
 Chuck Whitlock  
 Crystal Williams  
 Molli Hays Williams

### Tennessee Department of Education Coordinated School Health:

TAHPERD welcomes our new Associate Executive Director of Coordinated School Health, Lori Paisley. A recent meeting with Lori confirmed that a Physical Education/Physical Activity State Specialist job search is currently under way. Additionally, a committee is being formed to revise the Tennessee Health and Physical Education Standards.

## 2014 TAHPERD CONVENTION SESSIONS

### *Health/Fitness Division*

**What effect does lower body power have on speed?** *Poster Presentation for Research*

**What effect does gender have on flexibility?** *Poster Presentation for Research*

**“Healthy Hawks” – A HPPE Student Directed Faculty/Staff Walking Initiative**

**Communicating with your administrator about the TEAM Evaluation Model**

**FITNESS – It’s not Rocket Science, BUT it is Exercise Science! Fitness the RIGHT WAY!**

**Technology-based Wellness lessons**

**A Scientific Look at the Efficacy, Efficiency, and Safety of CrossFit**

**Healthy Weight Transitions and Maintenance**

**Stealthy Supermarket Shopping': Supermarket-Themed Nutrition Application Activities**

**Is There an Athletic Trainer at Your School?**

**The Kinesthetic Learner in Bradley County Schools**

**Healthy YOU and Beyond**

**Maury On the Move: From Old School to New School**

# 2014 TAHPERD CONVENTION SESSIONS

## *Physical Education Division*

### **TAHPERD GRANTS: SUCCESS STORIES AND APPLICATION PROCEDURES**

**50 more games, activities, and ideas in 50 minutes**

**Get it with a grant! Simple grant opportunities to extend your program**

**Pickle Ball: Teaching Strategies for Success**

**Kapow!! Superhero's team up to meet the new Physical Education National Standards**

**¡Vamosa lofísico! (Let's get physical!)**

**LMAS 101**

**See Mark, Mark, & Bailey Teach PE**

**Sport Education: An Example Lesson**

**National Standards & Grade-Level Outcomes: The Future of Physical Education in Tennessee**

**Teaching Students with Special Needs**

**Less Shame and More Fame: Moving Away from Inappropriate Activities in our Gym**

**Horton Technique and West African Dance**

## 2014 TAHPERD CONVENTION SESSIONS

**Achieve! PE Solutions Curriculum and Fit Step Pro Uploadable Pedometers**

**Physical Education, Common Core, and YOU**

**Fab 5 Dances for Elementary Physical Education**

**An Apple for the Teacher – in 2014**

**FABulous Activities for the Brain: Reinforcing Academics Through Movement**

**Easy Apps for the Gym**

**Bring the Olympics to you PE Program**

**Fitness, Standards, Common Core-And So Much More!**

**Fitness Infusion**

**Intentional Activities, Intentional Fun: Five Components of Fitness in Action**

**Making sense of State Standards, CCSS and QPE!**

**Sport Stacking with Speed Stacks: Teach the 3-3-3, 3-6-3 and Cycle Stacks!”**

**“Energize the Brain and Body with Speed Stacks: Maximize Fitness Fun for Everyone!”**

## 2014 TAHPERD CONVENTION SESSIONS

**Fabulous Activities for the Brain: Reinforcing Academics Through Movement (FAB)**

**Risk Management: Effective Strategies for Physical Educators**

**Elementary PE Student Growth Measures: An Overview**

**PE-Student Growth Measures: Teacher Scoring and the Peer Review Process**

**Student Growth Measures: Assessing the Cognitive Domains of RESPOND, CONNECT, and CREATE**

**Using the Student Growth Measures Scoring Guide to Evaluate Motor Skills**

**Grade Two PERFORM Assessments and Teaching Progressions: Locomotor Patterns, Underhand Throw, and Underhand Catch**

**Grade Two PERFORM Assessments and Teaching Progressions: Dribbling with Hands and Kicking for Distance and Height**

**Grade Two PERFORM Assessment and Teaching Progression: Basic Jump Rope Skills**

**Grade Five PERFORM Assessments and Teaching Progressions: Overhand Throw for Force or Distance and Skills and Tactics for 2 versus 1 team game skills.**

## 2014 TAHPERD CONVENTION SESSIONS

**Grade Five PERFORM Assessments and Teaching Progressions: Overhand Volley/Set and the Forehand Strike Pattern with paddles or racquets**

**Teaching and Assessing Educational Gymnastics Grades K-5  
Teacher Instructional Evaluation: Making the connections in PE**

**"Adapted Physical Education – Approaches and Ideas"**

**Help! I Coach Girls Sports**

**Small-sided games to teach the principles of attack to high school soccer**

**Successful Risk Management for the Coach: Recent Court Cases that Will Keep You Out of Trouble**

**Improving Motivation and Adherence in Sport and Exercise**

**What is the LTAD?**

**Guidelines and Suggestions for Youth Performance Training**



# 2014 TAHPERD CONVENTION SESSIONS

## General Division

**Experiential Learning in the HHP Department at UT Chattanooga**

**How Serving has Helped Me Grow**

**The Latest News about the Female Athlete Triad**

**Part 2: Women and Their Health: Women CAN Work Well Together - A healthy conversation about how to develop, build and embrace a healthy working environment**

**Advocacy and the Future Professional: A Dynamic Combination**

**"I Worked Hard for This Degree: What Do I Do Now?"**

**How To Get Your First Job**

**Mentoring Relationships in Intercollegiate Athletics**

**Learning from another view - Experiential Nature-Based Education**



# 2014 TAHPERD CONVENTION SESSIONS

## **TUNE OUT AND DROP INTO THE OUTDOORS**

**Geocaching with 6 Million of your friends**

**“The Impact of CAEP on Physical Education Teacher Preparation Program”**

**Instagram: Best Practices in Sport**

**Sport Tourism: College Football and the RV Tailgater**

**Encouraging Undergraduate Sport Management Research: A Collaboration Between Faculty and Students**

**Mentoring Relationships in Intercollegiate Athletics**

**An Obesity Awareness and Prevention Campaign That Changed a College Campus**

**Physical Education: Ready2Teach The Good The Bad The Ugly**



## Letter from the Editor: Julian Allen

Hello, I hope each and every one of you had a wonderful summer vacation and are off to a great school year already!

Thanks to all of you who submitted your articles to me in a timely manner. It's a pleasure serving as your newsletter editor. Keep up the good work, everyone! I look forward to seeing all of you in Murfreesboro from October 26-28 for the 2014 TAHPERD CONVENTION!!!!



The mission of the Tennessee Association for Health, Physical Education, Recreation, and Dance is to promote healthy lifestyles for Tennesseans.

